

Morgan Dewitt  
Jane Long Academy  
2016-2017  
Dance  
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### **Course Description**

Dance is an overview of various dance styles including ballet, modern, jazz, hip-hop, and aerobics. Dance history and terminology are crucial to mastery of the selected styles.

Students will increase their knowledge of dance technique, performance, and choreography while improving their body alignment, flexibility, endurance, balance, coordination, and strength. This course will motivate students to include physical fitness into their daily lives.

Class sessions will include note taking, warm-ups, and combinations.

### **Evaluation**

Written exams  
Choreography and Performance  
Participation  
Journal entries/note taking

### **Written Exams**

Written exams will cover information discussed in note-taking and executed through our dance practice.

### **Choreography and Performance**

Dance skills will be evaluated through combinations based on the accuracy of the steps.

Students will also create their own choreography throughout the year to perform. Choreography will be evaluated based on the student's knowledge, technique, and performance.

### **Participation**

Students are expected to be on time and prepared when arriving to class. This will include dressing in athletic attire on certain days.

Students must actively participate in the dance class.

### **Journal Entries/Note taking**

Since dance history and terminology are crucial to mastering the fundamentals of dance, each class will begin with a brief journal entry and/or note taking.