

# Nurse's Corner Frequently Asked Questions

## What if my child gets ill at school?

- For minor ailments such as headaches, stomachaches, menstrual cramps, allergies, etc., parents may elect, at that time, to bring OTC medication to be administered by the parent/guardian ONLY.
- Students are NOT allowed to take ANY medication (OTC or Prescription) without the proper documentation signed by the physician and parent/guardian.
- Students must be picked up from school when they have a fever of 100degrees or >, vomit, or display other signs/symptoms of communicable disease.

## When should I keep my child at home?

- When they have a fever of 100 degrees or >. Students must be fever free without the use of fever-reducing medication for at least 24 hours.
- If the student has vomiting or diarrhea, the child must be symptom free for at least 24 hours before returning to school.
- When your child has a skin rash that has not been diagnosed by a doctor as being non – contagious the nurse needs a medical release for the student to return to school.
- If your child has untreated inflamed/pink eyes, a doctor's note is required to return to school. If inflammation is due to "allergies," the doctor must document it.
- If your child has a medical condition that will spread from one person to the next (contagious), for example, the flu, strep throat, chickenpox, infectious pink eye, etc.

*When your child is seen by the doctor, please make sure that you bring a doctor's note for your child to return to school.*

## What if my child is injured?

Injuries at school:

- The Nurse will assess your child and notify you of the findings. Depending on the signs/symptoms displayed, you may be asked to pick your child up from school.
- Ice packs and temporary splints are available for minor injuries (jammed fingers, twisted ankles, etc.)

Accommodations for Injuries/Medical Problems:

- Your child may be eligible to receive extra time between classes, elevator access, dress code exclusion, exclusion from PE with an appropriate request/recommendation from a physician.

## How do I find out if my child is up to date with their Immunizations?

- The requirements for immunizations are available on the following website <http://www.dshs.state.tx.us/immunize/school/default.shtm>
- Feel free to call or email the School Nurse regarding your child's immunization record at [ahughes6@houstonisd.org](mailto:ahughes6@houstonisd.org) 713-295-5240 ext. 326

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## **What if my child needs medication administration in school?**

- HISD requires specific documentation in order to administer medication to your child at school. Please contact the School Nurse when your child is prescribed medication.
- Over the Counter (OTC) Medication, Epi-Pen, Diastat, and Asthma Inhalers require the SAME documentation/procedures as other Prescription Medication.
- Medication bottles/boxes MUST be labeled by the Pharmacy.
- Asthma Inhalers- Your child may carry their inhaler at school. However, documentation is REQUIRED. The Asthma Form is available in the clinic.

## **What about health conditions?**

- Seizures- If your child suffers from a Seizure Disorder, please notify the School Nurse.
- Food Allergies/Life-Threatening Allergies- Please notify the School Nurse of any life-threatening allergies that your child has.

ALL DOCUMENTATION MUST BE RENEWED EACH SCHOOL YEAR.

**For more information, please follow this link to HISD [Health & Medical Services](#).**