



welcome to
KINDERGARTEN

Summer Skills

By Kinder Team

Hi, Parents!

We are so excited to meet our newest Rams. We put together a list of Self-Help skills, Social-Emotional Skills, and Academic Skills for you to support us by practicing over the summer.



Self- Help Skills

Student Skills:

- Put on and take off their coat.
- Put on and take off backpack.
- Take out and put items in their own backpack.

Parent Skill:

- Create a routine where your child comes home and unpacks backpack/puts things back in.
- Create a routine of your child practicing to dress themselves.



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Self-Help Skills

Student skills:

- Close the bathroom door
- Use the Bathroom
- Clean themselves
- Flush the Toilet
- Wash Hands

Parent Skill:

- Set a Routine where you discuss bathroom expectations at school.
- Some bathrooms automatic flush; expose them to the sound.



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Self- Help Skills

Student Skills: **Parent Skill:**

- Open and close their lunch kit.
 - Open and close water/juice containers.
 - Eat during lunch time.
- Create a routine where your child practices opening lunch and eating from the containers you send to school.
 - Discuss the importance of eating during lunch time. The students will have a small snack in the afternoon.



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Social Skills

Student skills:

- Clean up after using things.
- Follow directions quickly.
- Share with others.

Parent Skill:

- Set a routine where your child is practicing to clean up items by putting them away back to their original spot.
- Provide simple 1-2 step directions for your child to complete quickly.



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Academic Skills

Student Skills:

- Acknowledge their name when being spoken to.
- Write their own name.
- Knowing Letter Sounds and Names
- Count to 10
- Review 10-20

Parent Skill:

- Practice with your child how to spell and say their first name.
- Read a story to them nightly/ weekly.
- Review the alphabet and sounds.
- Review numbers by counting toys or other items.



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Thank you!

