

HOUSTON INDEPENDENT SCHOOL DISTRICT
ATHLETIC DEPARTMENT
HIGH SCHOOL & MIDDLE SCHOOL
FALL 2025 BOYS & GIRLS CROSS-COUNTRY SCHEDULE
7/6/2025

Day	Date	Meet	Location	Time
Friday	October 3, 2025	HISD High School District Meet F, JV, Varsity	North Forest High School	8:30 AM
Saturday	October 11, 2025	HISD Middle School Invitational Meet	North Forest High School	9:00 AM
		UIL District Certification		
Saturday	October 18, 2025	HISD Middle School District Meet	North Forest High School	9:00 AM
Monday/Tuesday	October 20-21, 2025	UIL Regional III Championship Meet at Kate Barr Ross Park	Huntsville, TX	TBA
Friday/Saturday	October 31 - November 1, 2025	UIL State X-C Championships at Old Settler's Park	Round Rock, TX	TBA

NOTE: Dates subject to change