

# February 2023

## What's Happening This Month?

### February 6-10 NATIONAL SCHOOL COUNSELING MONTH

The theme is: **"School Counselors: Helping Students Dream Big"**. During this time we will focus public attention on the unique contribution of School Counselors within our district and U.S. School systems.



### SEL/Guidance Lessons

The lessons for this month will be about caring for others and how to appropriately show that you care.



### Setting Limits: Encouraging Positive Behaviors Workshop

Join us  
Thurs  
2/23  
1:00-2:00 pm



### The Word of the Month

The character trait of the month is "caring".

Caring means to feel or show concern or kindness to others including empathy, compassion, consideration, patience, generosity, and charity.