

Houston ISD School Health Advisory Council (SHAC) Meeting Agenda			
Location:	Virtual Meeting Teams Meeting		
Date:	May 7, 2024		
Time:	5:30 PM – 7:30 PM		
Attendance:	Parents	Community	District
	Rosangella Espinosa Michelle Sacks	Kim Lopez Bea Marquez Bolanle Ositelu Dominique Patterson Ann Van Horn	Carla Carter Paula Ceaser Felicia Ceaser-White Nan Cramer Cara Grossman Francina Hollingsworth Amber Jay Lisa Schneider Delia Thibodeaux
Guest(s):			
Meeting Call to Order	Time: 5:35 pm	By Whom: Michelle Sacks	

Minutes:

Michelle Sacks called the meeting to order and asked participants to introduce themselves. April minutes were presented, and Kim Lopez made a motion to approve them, Francina Hollingsworth seconded the motion.

Parent Co-Chairs:

Michelle announced that is stepping down from the parent co-chair position since her last child is graduating from HISD. She suggested to parents to share the co-chair position. Nan Cramer recommended working with the HISD Communications Department to write a blog about the SHAC and the need for more parent participation. Felicia Ceaser-White said she would contact the Communications Department to discuss.

Department Updates:

In lieu of oral program updates, a document was shared with updates from Nutrition Services, Health and Medical Services and Health and Physical Education. This update is attached to the minutes.

District Wellness Policy and Plan:

Nan Cramer shared a copy of the wellness plan with comments made by SHAC members. Nan asked that more members review the plan and suggest edits and recommendations for revisions. The plan consists of goals and objectives for Nutrition Promotion, Nutrition Education, Physical Activity and School-based Activities. Nan discussed the fact that not all the objectives in the plan are in the control of individual schools and the 20 of the 70 individual objectives are district level decisions. The policy will need to be assessed by schools so the district level objectives can be separated out from the tool that will be used by schools to report their adherence to them. 50 objectives are a formidable number to ask schools to evaluate. Nan suggested that the number of objectives be reduced by including the federally required ones, combining some and postponing more aggressive objectives to later years when schools are able to meet the required objectives. The committee members did not agree or disagree but some commented that the assessment should be shorter if we want schools to complete it. Amber Jay asked that the SHAC members with knowledge of the physical activity related objectives review them and make recommendations. Nan asked for input from more members, so the plan is reflective of the stakeholders and not solely Nutrition Services and Health and PE making the final decisions. Felicia Ceaser-White asked that the plan be sent to members one more time so that they have another opportunity to review it before an assessment tool can be created. Felicia suggested that an in-person meeting be held to finish the plan within the next month.

Announcements and Sharing:

- Art Bike Festival will be held on Saturday, May 11, at Magnolia Park 10 am to 1 pm.
- Houston MSTC High School will be hosting a health and wellness fair on Saturday, May 18 9 am to 2 pm.
- The Earl Karl Institute has a new juvenile justice lawyer, and the services are free. Bea Marquez will share details

with Felicia to share with the committee.

- The teen health clinics at Austin, Milby, Worthing, Scarborough and Northside HS will provide free sports physicals for high school students.
- Summer meal sites can be searched at <https://squaremeals.org/Programs/Summer-Meal-Programs/Summer-Meal-Site-Map>

Agenda Details		
	Topic	Presenter(s):
5:30-7:30	Welcome and Introductions	M. Sacks
	Review and Approve April Minutes/Agenda Overview	SHAC Committee
	Parent Co-Chairs <ul style="list-style-type: none"> • 2024-2025 – Two Parent Co-chairs needed SHAC Subcommittee Sign-up <ul style="list-style-type: none"> • Use Google Link to sign up for a subcommittee 	M. Sacks Francina Hollingsworth
	May Updates: See Link	F. Ceaser/M. Sacks
	Wellness Plan Revisions and Feedback <ul style="list-style-type: none"> • Working meeting to update Wellness Plan 2024-2025 	Nan Cramer/ SHAC Members
	Community/Parent Sharing Opportunity <ul style="list-style-type: none"> • Art Bike Festival – April 11th – Contact Rickey Polidore 	
	Announcements/Reflections/Closure	

2023-2024 Meeting Dates				
Day	Date	Type of Meeting	Time	Location
Tuesday	May 7, 2024	General	5:30 p.m.- 7:30 p.m.	TEAMS
Wednesday	June 12, 2024	Program Review	9am-12 pm	TBA

Thank You for Your 10 Years

Services As HISD SHAC

PARENT Co-Chair