



# Lamar High School

## AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

**Rita Graves**  
PRINCIPAL

**Roxanne van Ravenswaay**  
COMMUNICATIONS DIRECTOR

Lamar Weekly Newsletter

STAY CONNECTED

Website: [www.lamarhs.org](http://www.lamarhs.org)

Email: [lamarhstexanshisd@gmail.com](mailto:lamarhstexanshisd@gmail.com)

Twitter: @Lamarhs

Instagram: lamartexans

Students' Instagram: viewfromthelhsbalcony

## Principal's Corner



### Best Buddies Friendship Walk

Recently I was approached by a member of our Best Buddies who had developed a plan for increasing participation in the program. He was inspired to do this because last spring he attend the Annual Best Buddies Friendship Walk, and while we had some friends turn out, he was not happy with the fact that a rival high school had been mentioned for having the best turn out. Fast forward to a few weeks ago when he visited my office. He had collected data, started recruiting members and had selected a design for a bracelet to give to all members of Best Buddies. He did some fundraising and the bracelets arrived this week.

I would like to invite the Lamar Texans Community to join us on Saturday, April 26, 2025 at 10:00 AM at the UH Campus Recreation Center for the Best Buddies Friendship walk. You can register to attend at [Best Buddies Friendship Walk: Houston](#).

You can support Best Buddies International by giving on my fundraising page at <https://www.bestbuddiesfriendshipwalk.org/houston/supporting/#LamarProud>

## Highlighted Events

**Fri. Apr 18th: HOLIDAY - No School**

**Wed. Apr 23rd: STAAR- Biology 8:30AM (LHS)**

**Fri. Apr 25th: IB Exams Begin**

**Tue. Apr 29th: STAAR- Algebra 1 8:30AM (LHS)**

## 9th Grade Students and Parents

Students interested in participating in the IB Diploma Program or IB Math classes in 11th and 12th grades – this message is for YOU!

- In order to take the IB Math classes in 11th and 12th grades, students must have completed Algebra 1, Geometry, and Algebra 2 before 11th grade.
- Students currently in Algebra 1 as 9th graders have the opportunity to take Geometry at Lamar HS in summer school, with a grade review and approval by their Academic Dean.
- There MAY BE a fee for the summer school class, which will be determined by the district late in the Spring semester.

## Holiday

### Upcoming Events:

#### **Thu. Apr 17th:**

- IB Showcase 1:30-3:30PM  
(Grand Hall)
- International Festival 11:45  
(Athletic Lobby)
- Varsity Softball vs Houston  
6:00PM (Delmar)
- Color Guard Show 6:00PM  
(Gym)
- Varsity Baseball vs Bellaire  
5:00PM (Delmar)
- Robotics @ Competition

#### **Fri. Apr 18th:**

- HOLIDAY - No School
- Track @ Regionals
- Robotics @ Competition

#### **Sat. Apr 19th:**

- HOLIDAY - No School
- Track @ Regionals
- Girls Flag Football vs Austin  
10:00AM (Dyer)
- Robotics @ Competition

#### **Mon. Apr 21st:**

- Dance Tryouts 4:00-6:00PM  
(Gym)

#### **Tue. Apr 22nd:**

- SDMC 7:30AM (AC)
- JV Softball vs Heights 5:00PM  
(Field)
- Varsity Baseball vs Houston  
7:30PM (Delmar)
- Dance Tryouts 4:00-6:00PM  
(Gym)

#### **Wed. Apr 23rd:**



## Testing Updates

### 11<sup>th</sup> grade SAT

All current Lamar 11<sup>th</sup> graders took the SAT, for free, **Wednesday, April 2, 2025**. Scores will be available through the students' College Board accounts about May 1<sup>st</sup>.

### STAAR EOC Exams – Save the Dates

STAAR EOC exams will be administered on the dates listed below. All students are required to take and pass the five STAAR End of Course (EOC) exams before graduating. All STAAR exams are administered through the online testing platform and students will test using their HISD issued Chromebook. If your child's Chromebook or charger is missing or broken, it is critical that they go to the Lamar IT Office (N215) immediately.

Practice Online STAAR EOC exams can be viewed [here](#). All STAAR EOC tests will begin at 8:30 AM. Rosters will be posted in the hallway telling students where to report for testing. The STAAR test is not timed, so students have until the end of the school day to finish their test, if needed. All students not testing will follow a regular bell schedule.

### STAAR EOC Testing Dates

- April 23, 2025 – STAAR EOC Biology (9<sup>th</sup> grade and Retesters)
  - April 29, 2025 – STAAR EOC Algebra 1 (9<sup>th</sup> grade and Retesters)
- For a listing of all Spring 2025 testing dates (IB, AP, STAAR EOC), please visit the [Lamar HS Testing Calendar](#).

## Shout Outs

### Flag Football



From rookies to champions in one game! Our flag football team is on fire!

### Varsity Tennis

The varsity teams last tournament for the year was at the Chancellors' Varsity Tennis Tournament.

- Byron Hester** won 1<sup>st</sup> place in 2 singles
- Devin Varner and Connor Krolls** won 1<sup>st</sup> place 1 doubles team
- Danielle Harris** won first place in 2 singles
- Trye'Onna Woods and Glenna Raphael** won 1<sup>st</sup> place in 1 doubles

**Denver Ellis and Parke Gibson** won first place in 2 doubles

The whole varsity team is going to district!!! We are so proud of the whole team!

### Track Team

- STAAR- Biology 8:30AM (LHS)**
- JV Baseball @ Bellaire  
5:00PM
- Sophomore Baseball vs Milby  
5:00PM (Field)
- Yearbook @ Conference
- Dance Tryouts 4:00-6:00PM (Gym)
- Field Hockey Game 6:00PM (Field)

#### Thu, Apr 24th

- Student Blood Drive 8:00AM (Athletic Lobby)
- Tennis @ District
- Yearbook @ Conference
- Dance Tryouts 4:00-6:00PM (Gym)
- Spring Band Concert 6:00PM (Performance Hall)

#### Fri, Apr 25th:

- IB Exams Begin**
- Varsity Baseball vs Houston  
7:30PM (Delmar)
- Dance Tryouts 4:00-6:00PM (Gym)
- Earth Day Celebration 11:45 (field)

#### Sat, Apr 26th:

- JV Baseball vs Galena Park  
10:00AM (Field)
- Sophomore Baseball @ Westside 10:00AM
- Flag Football vs Heights  
9:00AM (Delmar)
- Prom 8:00PM-12:00AM (Bayou City Event Center)
- Yearbook @ Conference
- 7 on Football 9:00AM (Tomball)
- JROTC Review 6:30AM (away)

#### Mon, Apr 28th:

#### Tue, Apr 29th:

- STAAR- Algebra 1 8:30AM (LHS)**
- 9th Grade Course Selection Meeting 6:00PM (Grand Hall)

#### Wed, Apr 30th:

- Letterman Jacket orders 11:45AM (Grand Hall)
- Big Brother/Big Sisters 11:30 (away)

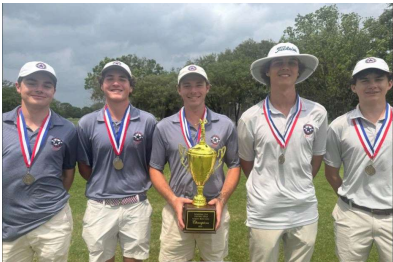


The Lamar Track & Field team competed at the District 17/18-6A Area Championships where 19 athletes advanced to the Regional Championships that will be held on April 18<sup>th</sup> and 19<sup>th</sup> at Challenger Columbia Stadium in Webster, Texas. Congrats to our track team!

- Solmon Radix** won 3<sup>rd</sup> place in the 800 meter
- Emilio Natareno** won 2<sup>nd</sup> in 3200 meter
- Stacy Guerrero** won 4<sup>th</sup> in the 3200 meter
- Breana Garner** won 3<sup>rd</sup> place in 100 meters hurdles
- Baily Hashmi** won 1<sup>st</sup> place in 100 meters with a time 10.41!
- Tyan Johnson** won 1sst in 400 meters
- Breana Garner** won 3<sup>rd</sup> in 300 meters hurdles
- Jordan Godfry** won 1<sup>st</sup> place in 200 meters
- Baley Hashmi** won 2<sup>nd</sup> place in 200 meters
- Emilio Natareno** won 2<sup>nd</sup> place in the 1600 meters

Track team won the Area championship!  
The top four students in their events are going to regionals this Friday and Saturday. Come out to Challenger Stadium in Clear Creek ISD to cheer on our team! The top 2 students to qualify at regionals will go to state We are so proud of the whole team!

### Boys Golf



### LAMAR BOYS SWEPT AT DISTRICT!!

Congratulations to our Lamar Boys A and B Team for getting 1st and 2nd overall and advancing to regionals! The A Team was made up of **Jack Baumgartner, Oliver Zinn, Fio Melnikau, Evan Tsigos, George Wirth**. The B Team was made up of **Will Parker, Cannon Andreatos, Luca La Neve, Benjamin Johnston, and Shepherd Mackie**. Special shoutout to **Oliver Zinn** for earning second place individually. Congratulations to **Jack Baumgartner** for earning third place individually. Also **Sunil Vadapalli** is a regional medalist qualifier.

## Student Council

### Thu. May 1st:

### Fri. May 2nd:

- No School- Professional Development
- IB Exams 8:30AM (LHS)

### Sat. May 3rd:

- Band Fundraiser (Grand Hall)
- Flag Football 11:00AM (Delmar)
- JROTC @ Houston Parade 7:30AM

### Mon. May 5th:

- IB Exams
- Band MS Clinic4:30PM (Band Hall)

### Tue. May 6th:

### Wed. May 7th:

- Big Brother/Big Sister 11:30AM (Away)
- Choir Pop Show 6:00PM (Performance Hall)
- Field Hockey Game 6:00PM (Field)

### Thu. May 8th:

- AP World History Exam 8:30AM

### Fri. May 9th:

- Spring Dance Show 7:00PM (Gym)
- Senior Directed Plays 7:00PM (Black Box)

### Sat. May 10th:

- MS Water Polo Clinic 8:00AM (pool)
- Water Polo Game 10:30AM (Pool)
- Color Guard @ Eisenhower 5:00PM
- Senior Directed Plays 7:00PM (Black Box)
- Flag Football 9:00AM (Delmar)

LHS BLOOD DRIVE



EMAIL  
SL789777@ONLINE.H  
OUSTONISD.ORG  
IF YOU HAVE  
QUESTIONS

REQUIREMENTS  
& ADDITONAL  
INFO!

Thursday, April 24  
8:45 am - 1:45 pm  
Athletic Lobby

**\*\*FREE FOR DONORS\*\***  
"LET'S GO DONATE" T-SHIRT &  
VOUCHER FOR FREE  
STACK OF  
IHOP PANCAKES

SIGN UP FOR A SLOT  
IN THE BLOOD DRIVE  
HERE



~BE SURE TO EAT A BIG MEAL BEFORE DONATING

~ IF YOU DON'T FEEL YOUR BEST DONT DONATE

~BRING YOUR ID AND YOUR PERMISSION SLIP

~MUST BE 16 YEARS OLD TO SIGN UP

~MUST HAVE A PARENT SIGNED PERMISSION SLIP IF YOU ARE UNDER 17

~MUST BE ATLEAST 120 POUNDS TO DONATE

~DONT LEAVE CLASS ON THE DAY OF

RUNNERS WILL COME GET YOU!

~GET PERMISSION SLIP AT CLERKS DESK

AP/IB Saturday Academy

HISD Saturday Academy #4

Need to Practice for Your AP or IB Exam? Join us for AP/IB Saturday Academy!  
Review skills and content to prepare for AP Exams and IB Exams.



March 22, 2025  
South Houston MSVC  
9402 Inspired Blvd., Houston, TX 77076

FREE BREAKFAST  
(7:45am - 8:45am)  
Prizes, Giveaways



Future Date:  
April 26, 2025

Register online at:  
[houstonisd.org/saturdayacademy](#)

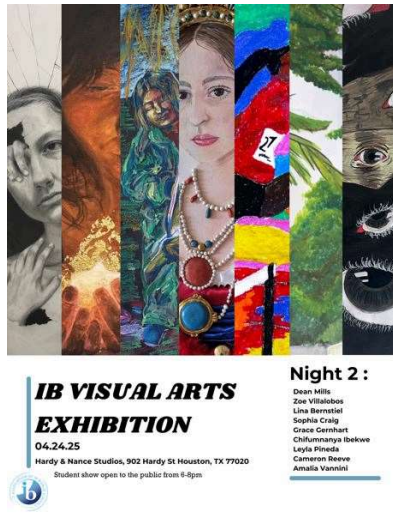
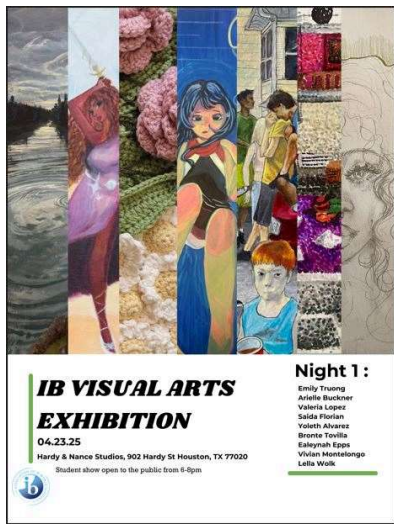
Sessions																						
Session 1	Session 2	Session 3																				
9:00am - 9:55am	10:00am - 10:55am	11:00am - 11:55am																				
<table><thead><tr><th>AP Courses</th><th>IB Courses</th></tr></thead><tbody><tr><td><b>English:</b> AP English Language, AP English Literature</td><td><b>English:</b> IB Language and Literature and IB Literature</td></tr><tr><td><b>History and Social Sciences:</b> AP African American Studies, AP Human Geography, AP Psychology, AP Macroeconomics, AP United States Government and Politics, AP United States History, AP World History: Modern</td><td><b>Individuals and Societies:</b> IB History of the Americas</td></tr><tr><td><b>Math:</b> AP Calculus AB, AP Statistics, AP Precalculus</td><td><b>Math:</b> IB Math AA, IB Math AI</td></tr><tr><td><b>Science:</b> AP Biology, AP Chemistry, AP Environmental Science, AP Physics 1</td><td><b>Science:</b> IB Biology, IB Physics IB Environmental Systems and Societies</td></tr><tr><td><b>World Languages:</b> AP Spanish Language</td><td><b>Language Acquisition:</b> IB Spanish</td></tr><tr><td colspan="2"><b>AP Capstone:</b> AP Seminar</td></tr><tr><td colspan="2"><b>UT OnRamps Courses</b></td></tr><tr><td><b>English:</b> Rhetoric</td><td><b>Math:</b> College Algebra</td></tr><tr><td><b>Social Science:</b> Microeconomics</td><td><b>Science:</b> Biology, Chemistry, Physics</td></tr></tbody></table>			AP Courses	IB Courses	<b>English:</b> AP English Language, AP English Literature	<b>English:</b> IB Language and Literature and IB Literature	<b>History and Social Sciences:</b> AP African American Studies, AP Human Geography, AP Psychology, AP Macroeconomics, AP United States Government and Politics, AP United States History, AP World History: Modern	<b>Individuals and Societies:</b> IB History of the Americas	<b>Math:</b> AP Calculus AB, AP Statistics, AP Precalculus	<b>Math:</b> IB Math AA, IB Math AI	<b>Science:</b> AP Biology, AP Chemistry, AP Environmental Science, AP Physics 1	<b>Science:</b> IB Biology, IB Physics IB Environmental Systems and Societies	<b>World Languages:</b> AP Spanish Language	<b>Language Acquisition:</b> IB Spanish	<b>AP Capstone:</b> AP Seminar		<b>UT OnRamps Courses</b>		<b>English:</b> Rhetoric	<b>Math:</b> College Algebra	<b>Social Science:</b> Microeconomics	<b>Science:</b> Biology, Chemistry, Physics
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Our next Saturday Academy will take place on Saturday, April 26, 2025, at Sharpstown High School | 7504 Bissonnet Street Houston, TX 77074

[Click here to REGISTER!](#)

IB Visual Arts Exhibition





**IB Visual Arts Exhibition** will be held next week on the evenings of Wednesday, April 23rd and Thursday, April 24<sup>th</sup> from 6-8 PM at Hardy & Nance Studios, 902 Hardy Street, Houston, TX 77020.

#### Night 1

Yoletth Alvarez  
Arrielle Buckner  
Ealeynah Epps  
Saida Florian  
Valeria Lopez  
Vivian Montelongo  
Bronte Tovilla  
Emily Truong  
Lella Wolk

#### Night 2

Lina Bernstiel  
Sophia Craig  
Emily Grace Gernhart  
Chifumnanya Ibekwe  
Dean Mills  
Leyla Pineda  
Cameron Reeve  
Amalia Vannini  
Zoe Villalobos

Stop by to **support** and **celebrate** our students, their creativity, and dedication in completing the IB HL Visual Arts, two-year course. This is their night to shine!

Thank you for your support!

## SPRING 2025 Final Exam Exemptions

### Final-ly!

Students in grades 9-11 will be able to earn exemptions from final exams – High School Course exemptions or College-level Course exemptions.

### Final Exam Exemptions – All High School Courses

To incentivize the daily attendance rate, eligible grade 9 students may be allowed one spring final exam exemption; two spring final exam exemptions may be allowed for eligible 10th and 11th graders. Eligible students are those with:

- no more than three (3) absences in any one course for the duration of the semester;
- an S or E in conduct; and
- must have an 85 or higher semester average in the specific course(s) where the final exam exemption is applied.

### Final Exam Exemptions for College-Level Courses

Schools may, under the following conditions, exempt students in grades 9 -12 from a final exam in college-level courses, defined as IB SL or HL or Advanced Placement (AP):

- if the student takes the AP or IB exam for the assigned course;
- an S or E in conduct; and
- a course average of 85 or better in the specific course(s) where the final exam exemption is applied.

11<sup>th</sup> and 12<sup>th</sup> grade students in IB courses must submit all IB assessments, sit for IB exams in May, and participate in all oral assessments. To be exempt from finals in 11<sup>th</sup> and 12<sup>th</sup> grade IB courses, students must also have all IB assessments complete.

## Limitless

### INFO

Hey there! My name is Ava Gallagher. I am a sophomore at LAMAR HIGH SCHOOL. I'm excited to introduce LimitLess, a new workout program I designed for students with disabilities. As a member of the Best Buddies Club, I've had the chance to get to know these amazing kids, and it brings me joy to see them everyday.

Where?  
Avenu Fit,  
6211 Edloe St,  
Houston, TX  
77005

Unfortunately, a lot of them don't have opportunities to get up and move during the school day, which is why I want to offer them a chance to be more active and have fun outside the classroom. With me and other volunteers working together, LimitLess will provide a space for them to work out, move around, and just enjoy being active in a way that's inclusive and supportive.

My goal is to help your sons and daughters build confidence, stay healthy, and feel like they can do anything--no limits!

UPCOMING DATES!!  
April 12th  
May 11th  
May 24th

Questions?  
Email: [avgallagher09@icloud.com](mailto:avgallagher09@icloud.com)

## LIMITLESS

Come move with us this saturday!!

**Be active and have fun!**




**April 12th!!**  
**2pm-2:45**




SIGN UP IS FREE!!



## Incoming 9th Grade Course Selection Meeting




### INCOMING 9TH GRADE PARENT MEETING



**APRIL 15TH OR 29TH**

- ✓ Face-to-Face Course Selection 4/15 or 4/29 (you only need to attend once)
- ✓ 6:00-7:00PM
- ✓ Grand Hall
- ✓ Get your questions answered
- ✓ Discuss important information



For More Information  
Todd Praelis  
[TPraelis@houstonisd.org](mailto:TPraelis@houstonisd.org)

## Chromebook Collection



## Yearbook

See below for information regarding the yearbook. Feel free to reach out with any questions. Enjoy your Winter Break!

### How to Order a Yearbook?

[www.yearbookordercenter.com](http://www.yearbookordercenter.com)

School Code -25147

### Yearbook Price

Fall Price - \$75 (October 1st- December 31st)

Spring Price - \$85 (January 1st- March 31st)

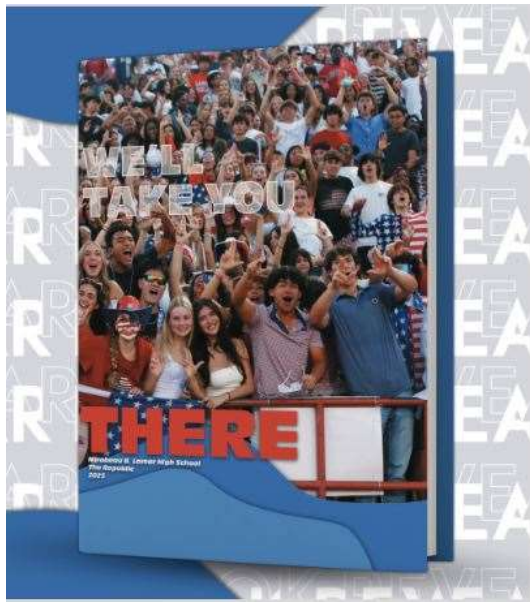
Last Chance - \$100 (April 1st - June 3rs)

*\*\* We sold out the last two years., so do not delay. Lock in the cheapest price now.*

### Yearbook 2025 Cover/Theme Reveal

#### We'll Take you There!

The Yearbook staff is excited for you all to see our cover for this year's book and to take you there all across Lamar. Our book is bigger and better than ever! Buy it now at its cheapest price and before they are all sold out.



### Sports/Event Pictures

Be sure to bookmark [www.tinyurl.com/lamarphotos](http://www.tinyurl.com/lamarphotos)

We add photo galleries throughout the year of all Lamar sports games, concerts, theatre plays, and school activities.

Students and parents have free access to download and share these photos.

## IB Testing

2025 - LAMAR IB TESTING CALENDAR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>IMPORTANT</b>	AM EXAMS START AT 9:30 PM EXAMS START AT 12:30	FAILURE TO SIT FOR IB TEST - \$25 NO SIT FEE LATE ARRIVALS OTHER THAN LATE BUS RIDERS NOT ACCEPTED		APRIL 25
	APRIL 28	APRIL 29	APRIL 30	MAY 1	MAY 2
	AM ART HISTORY PAPER 2 PM PHYSICS HL/SL PAPER 1 PM SPORTS, EXERCISE, HEALTH SL PAPER 1 & 2	AM HISTORY OF THE AMERICAS HL PAPER 3 PM CHINESE & ARABIC B HL/SL PAPERS 1 & 2 (READING)	AM PHYSICS HL/SL PAPER 2 AM SPORTS, EXERCISE, HEALTH SL PAPER 2 PM BUSINESS MANAGEMENT HL PAPER 1 & 2	NO IB EXAMS!	AM ART HISTORY SL PAPER 1 PM BUSINESS MANAGEMENT HL PAPER 2 PM COMPUTER SCIENCE HL/SL PAPER 1 PM ENVIRONMENTAL SYS & SOC SL PAPER 1
	MAY 5	MAY 6	MAY 7	MAY 8	MAY 9
	AM COMPUTER SCIENCE HL/SL PAPER 2 & 3* (HL ONLY) AM ENVIRONMENTAL SYS & SOC SL PAPER 2 PM HISTORY OF THE AMERICAS HL PAPERS 1 & 2	AM HISTORY OF THE AMERICAS HL PAPER 3 PM CHINESE & ARABIC B HL/SL PAPERS 1 & 2 (READING)	AM CHINESE & ARABIC B HL/SL PAPER 2 (LISTENING) PM PSYCHOLOGY SL PAPER 1	AM PSYCHOLOGY SL PAPER 2 PM ENGLISH LANG AND LIT HL PAPER 1	AM ENGLISH LANG AND LIT HL PAPER 2 PM PHILOSOPHY SL PAPER 1
	MAY 12	MAY 13	MAY 14	MAY 15	MAY 16
	AM PHILOSOPHY SL PAPER 2 PM BIOLOGY HL/SL PAPER 1 & 2	AM BIOLOGY HL/SL PAPER 2 PM ECONOMICS HL/SL PAPER 2 PM WORLD RELIGIONS SL PAPER 1	AM ECONOMICS HL/SL PAPER 1 & 2* (HL ONLY) AM WORLD RELIGIONS SL PAPER 2 PM SPANISH B HL/SL PAPERS 1 & 2 (READING)	AM SPANISH B HL/SL PAPER 2 (LISTENING) PM MATHEMATICS AA HL PAPER 1 PM MATHEMATICS AI HL/SL PAPER 1	AM MATHEMATICS AA HL PAPER 2 AM MATHEMATICS AI HL/SL PAPER 2 PM CHEMISTRY SL PAPER 1A & 1B
	MAY 19	MAY 20	MAY 21	MAY 22	MAY 23
	AM CHEMISTRY SL PAPER 2 PM FRENCH B HL/SL PAPERS 1 & 2 (READING)	AM FRENCH B HL/SL PAPER 2 (LISTENING) PM MATHEMATICS AA HL PAPER 2 PM MATHEMATICS AI HL PAPER 2			

save  
the  
date

IB TESTING BEGINS  
APRIL 28, 2025



SCAN FOR  
COMPLETE  
TESTING  
CALENDAR

[https://drive.google.com/file/d/1rAajcEy4NNcRs6KSaJkxr3\\_1fxw6EEkg/view](https://drive.google.com/file/d/1rAajcEy4NNcRs6KSaJkxr3_1fxw6EEkg/view)

WANTED!

IB TESTING  
VOLUNTEERS

PARENTS & GUARDIANS,  
WE NEED YOUR HELP DURING  
IB EXAM SEASON!

Please help  
practice and  
learn more about  
the IB  
examinations and  
support our  
teachers and  
students!



IB begin  
2/17  
IB End of Year  
Exams begin  
4/28

SIGN UP WITH QR CODE

QUESTIONS: CONTACT SHELBY HICKS-  
SHELBY.HICKS@HOUSTONISD.ORG

[https://docs.google.com/forms/d/e/1FAIpQLScxxGDKv\\_XZ4Jfow6yL9YL0QcWcLgIK5APfIA1yJNuKvc1HUg/viewform](https://docs.google.com/forms/d/e/1FAIpQLScxxGDKv_XZ4Jfow6yL9YL0QcWcLgIK5APfIA1yJNuKvc1HUg/viewform)

## Summer Speed Camp



MONDAY - THURSDAY | JUNE 9<sup>th</sup> - JULY 31<sup>st</sup>

OFF JULY 3<sup>rd</sup> & 4<sup>th</sup>

FOR ALL CURRENT LAMAR STUDENTS, INCOMING  
9-12<sup>th</sup> GRADERS, & ZONED 7<sup>th</sup> & 8<sup>th</sup> GRADERS

RETURNING BOYS (10-12<sup>th</sup> Grade) SESSION  
7:30 - 9:00 AM

ALL GIRLS SESSION 8:30 - 10:00 AM

INCOMING FRESHMAN BOYS AND 7<sup>th</sup>/8<sup>th</sup> Graders  
SESSION 9:30 - 11:00 AM

**COST = \$50**

CAMP ANNOUNCEMENTS WILL BE MADE ON SPORTSYOU

DOWNLOAD THE APP AND USE THE CODE = TV78-PTQ4

**\*\*MUST HAVE CURRENT PHYSICAL ON FILE WITH LAMAR TO ATTEND\*\***

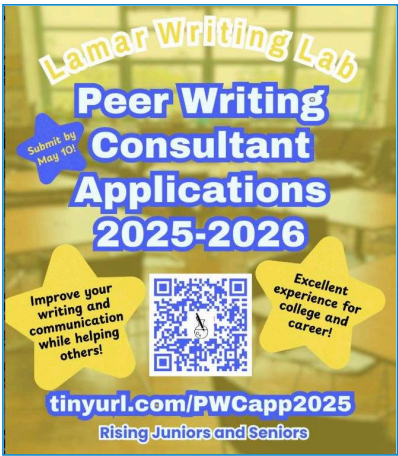
EMAIL [philip.lindsey@houstonisd.org](mailto:philip.lindsey@houstonisd.org) and [kxessels@houstonisd.org](mailto:kxessels@houstonisd.org) to submit  
physicals and for questions.







## Writing Lab



Peer Writing Consultant Applications for the 2025-2026 are now open!

Interested students who will be juniors or seniors next year are encouraged to apply.

Application linked in Writing Lab bio.


Direct questions to Writing Lab Director Dr. Lowe at [Annie.Lowe@HoustonISD.org](mailto:Annie.Lowe@HoustonISD.org) or stop by and see her in the Writing Lab, room N212!

## COLLEGE CORNER

## Scholarship Opportunities

<https://www.houstonisd.org/Page/181035>

# Summer Enrichment Sports Camp



## Lamar Union Enrichment Sports Camp

**ATYPICAL DAY AT CAMP:**

- 9:30 AM MEETING
- 10:00 AM TRACK
- 10:30 AM PAPER SPORT
- 11:00 LUNCH
- 12:45 TENNIS/HOCKEY GAMES
- 1:30 PM SNACKS
- 2:00 PAPER SPORTS
- 2:30 SWIMMING
- 4:00 CAMP MEALS

### 2025 Application

**Age Group: 5-11**

**MEET THE STAFF**

**At-Conditional Gym & Indoor Pool**

**Camp Hours**  
8:30 a.m. – 4:00 p.m.

Early Care 8:00-8:30 AM Late Care 4:00-5:00

**SOME OF THE CAMP'S FEATURES INCLUDE:**


- Softball, Field, Soccer, Basketball
- Running, Field, Recreational, Soccer, Basketball
- In the Middle: Dodgeball, Water Activities, Softball, swimming, Indoor/Dodgeball activities, meet new friends, and a counselor to camp ratio of 10:1.

Campers Name: \_\_\_\_\_ Age: \_\_\_\_\_ t-Shirt Size: S M L

Parent Work Phone: \_\_\_\_\_ Cell: ( ) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact Name/Address: \_\_\_\_\_



**Physical Characteristics / Allergies:**

*I hereby give permission for my child to participate in Lamar Union Sports Camp. My son/daughter is in good condition, and I understand that he/she will experience various activities and play. The camp will uphold the health of the camp and will not be responsible for accidents or injuries. I hereby request that my child, once accepted, be admitted to the Lamar Union Sports Camp and understand the Director will be the only in any emergency requiring medical attention. I assume responsibility for my child per each signature.*

Parents Signature \_\_\_\_\_

PRINT \_\_\_\_\_

**Please check session(s) attending:**

- ☐ Session 4/29-5/02 Camp 1400
- ☐ Session 5/03-5/07 Camp 1360
- ☐ Session 7/18-7/19 Camp 5400
- ☐ Session 7/21-7/25 Camp 5200

**Registration fee \$125 per camper. Non-refundable**

Please pay through School Pay on Lamar High School website. Payment due at the beginning of each session. Email your application and registration fee to [info@lamarunion.org](mailto:info@lamarunion.org)

**What your camper needs to bring:**

Each camper should bring a water bottle, athletic shoes, and bring a backpack, lunch, and bathing suit, and water shoes if needed. Water shoes are highly recommended for both track and rock time. Campers can be purchased from the Lamar Union Store. Please Brainerd and Lamar, MO.

**Responsibility**

**Honesty**


**Partnership**

**Respect**

**Contact Coach:**

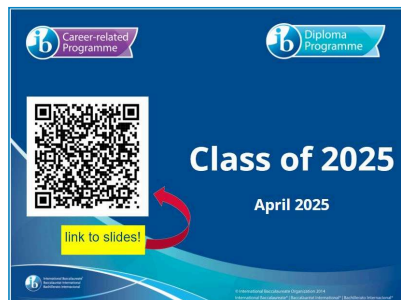
John Smith  
Cell: 781-240-2152  
Email: [johnsmith@lamarunion.org](mailto:johnsmith@lamarunion.org)

You can also go to [www.lamarunion.org](http://www.lamarunion.org)  
Once registration fee and application has been received, Coach will send you a Welcome letter.



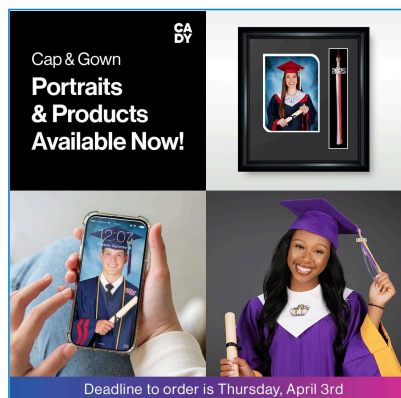
## Class of 2025 Senior Information

## Spring Senior Class Meeting



Required meeting for all seniors. Attendance will be taken.

## Order Cap and Pictures



Cap & Gown portraits and exclusive products are now available to view and purchase through CADY! Celebrate this achievement with new offerings like tassel frames, yard signs, mugs, and more.

Deadline to order your items to receive them by Graduation is **Thursday, April 3rd**.

Click the link below to view & order now!

[cady.com/capgown25](http://cady.com/capgown25)

## Prom



\*\*\*ALL CLOTHING MUST BE ADEQUATELY COVER CHEST, MIDRIFT AND THIGHS\*\*\*

Lamar Seniors may invite non-Lamar seniors students; however, they must be currently enrolled in a public or private high school.

The Guest registration form must be completed and turned to the clerk's desk by Thursday, April 1st. You must check into prom by 9:30PM SHARP or will not be admitted. If you leave prom, you will not be able to re-enter.


NO BAGS ALLOWED. Small purses and persons will be checked before entering. No outside food or drinks allowed.

Party buses and vans will be subject to search upon arrival. All vehicles must be valet parked; car keys will be left with the valet. No parking of cars at Bayou City Event Center before your arrival to prom.

You may NOT go to your car to get things until you are ready for leave for the night.

Prom is not a lock-in. You may leave at any time, but you may not re-enter. For additional information please contact Ms. van Ravenswaay, senior sponsor, [rvan@houstonisd.org](mailto:rvan@houstonisd.org)

Seniors with APEX Classes




**SENIORS!**

If you have an APEX course for the fall semester, your off-campus period will be removed until the APEX course is completed and on your transcript.


All APEX courses are intended to satisfy a graduation requirement.

Once completed, off campus can be reinstated.



**COMPLETE APEX TODAY**

Spring Senior Parent Meeting Presentation



link to slides!

**Class of 2025**

Parent information session  
January 2025

Click [here](#) or the click the image

Panoramic Photo



**Goldbeck Co.**

Panoramic Pictures Of  
**LAMAR HIGH SCHOOL**

Pictures will be taken:  
**Tuesday, November 12<sup>th</sup>**  
Senior Class at 9:00am

**Price Packages:**

\$30.00 –Panoramic Picture  
\$35.00 –Panoramic & One Medium Panoramic  
*(Best Deal!)*  
**\$45.00 – (3 Picture Formation Package)**  
Large Laminated Panoramic, w/ One Medium  
Panoramic, & One Medium '25 Formation

Please be sure to bring your payment *the very next day:*

**Wednesday, November 13<sup>th</sup>**  
**During Lunch**

To pick-up your panoramic picture

We Accept Cash, Check, or Debit/Credit Cards  
MAKE CHECKS PAYABLE TO "Goldbeck Company"  
(Please include phone number on all checks)  
Goldbeck Company • 4407 Center Gate • San Antonio • TX • 78217  
1-800-456-6088 • [www.goldbeckcompany.com](http://www.goldbeckcompany.com)  
(Orders placed online will be mailed)



**Its not too late to order!**

**Scan Me!**

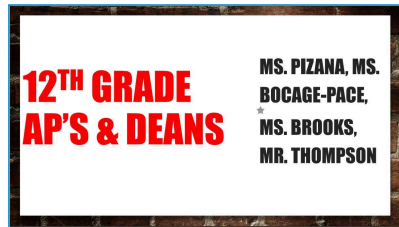
\* **Buy your panoramic online** \*



Goldbeck Company  
Phone #: (210) 656 - 1445

<https://goldbeckcompany.com/>

[Senior Meeting PowerPoint](#)



**Graduation**



Get ready to toss those caps in the air! Mark your calendars and save the date for the biggest celebration of the year! Sunday, June 8th at 6:00PM at NRG Stadium!

**Herff Jones- Cap and Gown Orders**



You may place your orders [online](#). Scroll to the bottom of the page for the cap and gown.



#### 2025 Senior Dues

*Includes:*

*Senior Sunrise, Senior Breakfast, Senior T-shirt, Senior water bottle, Senior Stampede Events, Graduation Package (Diploma Cover, Diploma, transcripts, etc.), Senior Sunset, Senior Gift and Other Surprises.*

#### OPTION 1:

Early Bird Special Aug. 1<sup>st</sup> - Dec 4<sup>th</sup> \$90

All the above **plus Prom Ticket-**  
Early Bird Special Aug. 1<sup>st</sup> - Dec 4<sup>th</sup> -\$170

#### OPTION 2:

Dec. 5<sup>th</sup> - End of Year - \$140

Prom Ticket **NOT** included

Dec. 5<sup>th</sup> - End of Year plus Prom Ticket- \$230

#### **IMPORTANT CLASS OF 2025 DATES**

August 12, 2024 Senior Sunrise  
September 13, 2024 Senior Treat Day  
October 2, 2024 College Fair  
September 27, 2024 HOCO Dance  
November 12, 2024 Senior Breakfast  
November 12, 2024 Panoramic Picture  
February 22, 2025 LHS Fest  
April 26, 2025 Prom  
May 27-29, 2025 Field Trip  
May 28, 2025 Senior Day  
June 3, 2025 Senior Sunset  
June 2-4, 2025 Senior Checkout  
June Graduation-NRG

**Yearbook, Panoramic Photo, Cap & Gown are NOT included in Senior Dues**

All Cap & Gowns are ordered through Herff Jones

**\*\* May not purchase a Prom ticket until all IB fees and Senior Dues are paid.**

#### **VIPS:**

There are several activities that we will need parents to help chaperone. Please make sure complete the VIPS training so you can be included.

<https://www.houstonisd.org/Page/188676#calendar347170/20240725/month>

**We need parents for the Senior events in May/June!**

#### **Senior 2025 Fall Parent Meeting**

Please scan the QR (or click the image) for the Fall 2025 Senior Parent Meeting slides.



# Men's Lacrosse



MEETING FOR ALL INTERESTED STUDENTS AND PARENTS  
Monday August 19<sup>th</sup>, 2024  
6:00PM to 6:30PM  
In the Grand Hall at Lamar  
Meet the new Head Coach  
Find out more about the program  
  
All students interested in playing lacrosse at Lamar are welcome  
NO LACROSSE EXPERIENCE REQUIRED.  
  
Parents are invited to attend



Lamar PTO Presents

# HEADS AND TAILS

Please join fellow Lamar parents for an evening filled with delicious crawfish, ice cold drinks, raffle prizes, and great company!

SATURDAY, MAY 10, 6 - 10 PM

Exclusive event with limited tickets available.  
\$75/person.  
\$15 raffle tickets.  
[bit.ly/LamarHeadsandTails](https://bit.ly/LamarHeadsandTails)



<https://lamarpto.wufoo.com/forms/q1t1h7k17gsum/>


**LAMAR PTO**

# QUARTERLY MEETING


**DATE**  
13 MAY 2025


**TIME**  
AT 6.00 PM

**LOC: GRAND HALL**


**SOCIAL AFTERWARDS**  
@ KIRBY ICEHOUSE



Lamar PTO sponsors

SPRING

## Teacher Wishlist



Did you know that the PTO buys supplies and special projects for your student's classroom?

**DONATE NOW**

[bit.ly/DonatetoLamarHS](https://bit.ly/DonatetoLamarHS)

[bit.ly/DonatetoLamarHS](https://bit.ly/DonatetoLamarHS)

### FOLLOW LAMAR ON SOCIAL MEDIA

Principal's IG	@ViewfromtheLHSBalcony
Lamar PTO on IG	@lamarpto
Lamar PTO on FB	/LamarHighSchoolHoustonPTO
Lamar HS on IG	@lamar Texans
Class of '25 on FB	<a href="https://bit.ly/LamarClassof25">bit.ly/LamarClassof25</a>
Class of '26 on IG	@lamarclassof26
Class of '27 on IG	@lamarclassof27
Class of '26 on FB	<a href="https://bit.ly/LamarClassof28">bit.ly/LamarClassof28</a>


[bit.ly/JoinLamarPTO](https://bit.ly/JoinLamarPTO)


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<https://lamarpto.wufoo.com/forms/q1316xjj1unyfmk/>

[VIPS](#)

[PTO](#)