

Lamar High School AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

Rita Graves

Roxanne van Ravenswaay COMMUNICATIONS DIRECTOR

Lamar Weekly Newsletter STAY CONNECTED

Website: <u>www.lamarhs.org</u> Email: <u>lamarhstexanshisd@gmail.com</u>

Twitter: @Lamarhs
Instagram: lamartexans

Students' Instagram: viewfromthelhsbalcony

Principal's Corner



We are thrilled to share that Loving Lamar and The Menninger Clinic will be working alongside us over the next 4 years to provide support for Lamar students. Parents are invited to our first in a series of parent education events on Tuesday, February 11, 2025, at 6:00 p.m. in the Grand Hall. Kate Lykes, Director of Community Collaborations and Hayley Citro, LPC, LCDC, both from The Menninger Clinic, will join us to provide an overview of the global assessment program that we will be offering to students in the fall. On Monday we will provide a reminder and a link for those who would like to join on Teams.

Highlighted Events

Fri. Feb 7th: Fun Food Friday 11:45 (Front Lawn)
Sat. Feb 8th: School Choice Fair 9:00AM (Gym)
Tue. Feb 11th: PTO Meeting 6:00PM (Grand Hall)

Fri. Feb 14th: NO SCHOOL- No Students Mon. Feb 17th: HOLIDAY- NO SCHOOL

Thu. Feb 20th: Junior Parent Meeting 6:00PM (Grand Hall)

Shout Outs

Wrestling



Congratulations to the wrestling team! The boys won 4th in district and the girls team won 3rd in district!

Congratulations to Jase McFarlane and Margot Royston for being heavyweight district champs!! Regionals here we come!

Varsity Boys Golf

Upcoming Events:

Thu. Feb 6th:

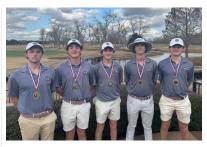
- ASVAB Testing 8:30AM (LHS)
- FASFA Roadshow 5:00PM
 (Athletic Lobby)
- Band Parent Meeting 6:00PM
 (Band Hall)
- Track @ Clear Brook 3:30PM
- Model UN Contest @ U of H

Fri. Feb 7th:

- Wrestling @ Regional (Katy)
- Swim @ Regions (Conroe)
- Fun Food Friday 11:45 (Front Lawn)
- Freshman Boys Basketball @
 Westside 6:00PM
- JV Boys Basketball @
 Westside 7:15PM
- Varsity Boys Soccer vs
 Bellaire 7:30PM (Field)
- Varsity Girls Soccer vs
 Bellaire 5:30PM (Field)
- Tennis @ Chancellors
- Culinary @ HCC 7:00-3:30
- Model UN Contest @ UofH

Sat, Feb 8th:

- Choir Vocal Solo & ensemble
 @ Mayde Creek
- School Choice Fair 9:00AM (gym)
- Varsity Boys Basketball vs
 Westside 11:15AM (Butler)
- Color Guard Contest @
 Jordan 7:00AM
- Girls Soccer @ Jordan
- Wrestling @ Regionals
- JV Baseball @ Cy Falls
 10:00AM



Congratulations to the Boys Varsity Golf team for winning first place shooting an overall 297. This is the first time they have ever been under 300. The team consisted of:

Jack Baumgartner

Oliver Zinn

Fio Melnikau

Evan Tsigos

Will Parker

A special congratulations to **Will Parker** for winning first place individually and **Fio Meinikau** for winning second place individually! Lamar is extremely proud of the way everyone played! Your mental game was on point.

Swim/Dive

Congratulations to the Lamar Boys Team! They are the 2025 District 16 6A Swimming and Diving Champions! The Lamar Girls Team had a strong showing and finished 2nd second overall! Great Job Lamar!

Regional Qualifiers include: Rebeca Arrechedera (11) Stephanie Hernandez (11) Zoe Humphrey (10) Reese Ladenburg (10) Ecaterina Luca (10) Kamila Makasheva (11) Eden Miller (10) Zoie Pierce (12) Hailey Rodriguez (11) Taylor Tisdall (10) August Kimmel (10) Sladen Ledford (10) b (12) Edward Rhoe (12) Grayson Shippy (10) Charles Taylor (10) Kieran Vasan (10) Xavier Williams (12) Lucas Wooldridge (11) Dominic Yip (09)

In addition Lamar also qualified the Girls 200 Medley Relay, Girls 200 Free Relay, Boys 200 Medley, Boys 200 Free Relay, and Boys 400 Free Relay.

Additional Shout outs to **Rebeca Arrechedera** named the Girls Diver of the Meet and **Slade Ledford** named the Boys Diver of the Meet. **Tsubasa Rhoe** named Boys Swimmer of the Meet and **Coach Couty** named Dive Coach of the Meet.

Girls Soccer and Coach Shifatu



Great article in The Buzz Magazine about our Girls Soccer team and Coach Shifatu! https://thebuzzmagazines.com/articles/2025/01/sportzbuzz-february-2025

National Athletic Signing Day



Name	College/University	Sport	
Dramodd Odoms	SMU	Football	
Danny Stein	Furman	Football	
Cole Mansour	Southwestern	Football	
Kate Perez	Seward County Community	Softball	
	College		
Tsubasa Rhoe	Wyoming	Diving	
Rylie Davis	Howard University	Lacrosse	
Ryan Davis	Howard University	Lacrosse	
	,	,	

- Sophomore Baseball @ Cy
 Falls 12:00PM
- JV B Boys soccer vs
 Westbury 10:00AM (Fields)
- JV A Boys Soccer vs Wisdom
 2:00PM (Fields)

Mon. Feb 10th:

- Freshman Boys Basketball vs
 Wisdom 6:00PM (gym)
- JV Boys Basketball vs
 Wisdom 7:00PM (gym)

Tue, Feb 11th:

- Varsity Girls Soccer vs
 Houston 6:00PM (fields)
- Varsity Boys Soccer vs
 Houston 7:45PM (fields)
- PTO Meeting 6:00PM (Grand Hall)
- JV Softball @ St. John's TBA
- Varsity Boys Basketball vs
 Wisdom 7:30PM (Pavilion)

Wed. Feb 12th:

- Varsity Girls Golf @
 Blackhorse
- FAFSA Road Show 5:00-7:00PM (Athletic Lobby)

Thu. Feb 13th:

Varsity Softball @ Goose
 Creek Tournament

Fri. Feb 14th:

- NO SCHOOL- No Students
- Varsity Softball @ Goose
 Creek Tournament
- Varsity Boys Baseball @
 Ridge Point 4:00PM
- Varsity Boys Basketball vs
 Chavez 6:00PM (Pavilion)
- Wrestling @ State (Katy)
- Varsity Girls Soccer vs
 Westside 6:15PM (Barnett)

Sat. Feb 15th:

- Varsity Softball @ Goose
 Creek Tournament
- JV Boys Soccer @
 Sharpstown10:00AM
- JV B Boys Soccer @ Houston
 12;00PM
- JV Baseball vs Ridge Point
 11:00AM (Fields)
- Sophomore Baseball vs Ridge
 Point 1:30PM (Fields)
- MS Swim District 2 7:00-1:00
 (Pool)

Ireon Jones	Union Commonwealth University	Volleyball	
Taylor Vaughn	Clark Atlanta	Volleyball	
Caleb Spadone	Tyler Junior College	Football	
Leland "Trey"	Tyler Junior College	Football	
Douglas	Tyler Junior College		
Ken Abiaghe	New Mexico Military Institute	Football	
Taylor Morrison	Wayne State University	Track	
Tatiana Nwosu	Worcester Polytechnic Institute	Track	
Jayden House	Oklahoma University	Football/Track (Academic	
		Scholarship)	
Chance Bloodsaw	East Texas Baptist University	Football	

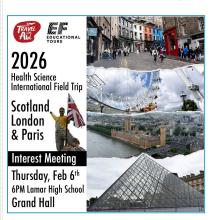
Congratulations to all our athletes are continuing the education at the next level!

Career Week



Career Week is in full swing. Students are exploring exciting career opportunities in the business/energy and healthcare sectors during Career Week during lunch in the Performance Hall.

Summer 2026 Meeting



Learn about Health Science and where "modern medicine" all began in the UK and then hop over to Paris to enjoy an authentic croissant while seeing some of the most iconic art pieces in the world at the Louvre. Interested in this trip of a lifetime, please join us for our interest meeting in Feb. RSVP here: https://bit.ly/40am3bm

Math Summer Camp

MS Swim District 1 1:00-6:30
 (Pool)

Mon. Feb 17th:

- HOLIDAY- NO SCHOOL
- Varsity Baseball @ Elkins
 7:00PM

Tue. Feb 18th:

- Varsity Girls Soccer vs
 Wisdom 6:00PM (Fields)
- Varsity Boys Soccer vs
 Wisdom 7:45PM (Fields)
- Film Class Field Trip @ MFAH
- JV B Boys Soccer @

 Memorial 4:30PM
- JV Baseball vs Elkins 4:00PM
 (Fields)
- Sophomore Baseball vs
 Elkins 6:00PM (Fields)

Wed. Feb 19tth:

- Robotics @ Contest 2:30-8:00PM
- Big Brother Big Sister
 11:00AM (Downtown)

Thu. Feb 20th:

- Robotics @ Contest 2:30-8:00PM
- Varsity Boys Golf @ Concan
- Meeting 6:00PM (Grand

Junior Parent

- Varsity Baseball @ Katy
 Tournament
- JV Baseball @ Oak Ridge
 Tournament
- Sophomore Baseball @
 Spring Tournament
- Varsity Softball @ CCISD
 Tournament
- Developing Girls Golf @ River

 Trace

Fri. Feb 21st:

- Tennis @ Chancellors
- Swim @ State (Austin)
- Varsity Boys Golf @ Concan
- Varsity Baseball @ Katy
 Tournament
- JV Baseball @ Oak Ridge
 Tournament
- Sophomore Baseball @
 Spring Tournament
- Varsity Softball @ CCISD
 Tournament
- Varsity Girls Soccer vs
 Chavez 4:30PM (Barnett)



The Young Summer Math Days is a fun and educational program for all high school students entering grades 10-11 in the Fall of 2025. The idea is to introduce the students to a variety of interesting topics in mathematics, like mathematics in art, mathematics in car racing, mathematical modeling in biology, mathematical analysis, parallel computing, toys and mathematics etc. A number of dedicated faculty and graduate students in the departments of Computational Applied Mathematics and Operations Research have enthusiastically agreed to give lectures and hands-on workshops on these and other topics.

The program is free but students have to apply to be enrolled in the program. The application is available on the website and here.

SPRING 2025 Final Exam Exemptions

Final-ly

Students in grades 9-11 will be able to earn exemptions from final exams – High School Course exemptions or College-level Course exemptions.

Final Exam Exemptions - All High School Courses

To incentivize the daily attendance rate, eligible grade 9 students may be allowed one spring final exam exemption; two spring final exam exemptions may be allowed for eligible 10th and 11th graders. Eligible students are those with:

- no more than three (3) absences in any one course for the duration of the semester;
- · an S or E in conduct; and
- must have an 85 or higher semester average in the specific course(s) where the final exam exemption is applied.

Final Exam Exemptions for College-Level Courses

Schools may, under the following conditions, exempt students in grades 9 -12 from a final exam in college-level courses, defined as IB SL or HL or Advanced Placement (AP):

- if the student takes the AP or IB exam for the assigned course;
- · an S or E in conduct; and
- a course average of 85 or better in the specific course(s) where the final exam exemption is applied.

11th and 12th grade students in IB courses must submit all IB assessments, sit for IB exams in May, and participate in all oral assessments. To be exempt from finals in 11th and 12th grade IB courses, students must also have all IB assessments complete.

Yearbook

See below for information regarding the yearbook. Feel free to reach out with any questions. Enjoy your Winter Break!

How to Order a Yearbook?

www.yearbookordercenter.com

School Code -25147

Yearbook Price

Fall Price - \$75 (October 1st- December 31st)

Spring Price - \$85 (January 1st- March 31st)

Last Chance - \$100 (April 1st - June 3rs)

** We sold out the last two years., so do not delay. Lock in the cheapest price now.

Yearbook 2025 Cover/Theme Reveal

We'll Take you There!

The Yearbook staff is excited for you all to see our cover for this year's book and to take you there all across Lamar. Our book is bigger and better than ever! Buy it now at its cheapest price and before they are all sold out.

Sat, Feb 22nd:

- LHS Fest 6:30-10:00PM
 (Fields)
- West Houston Teen Summit
 7:30-3:00 (away)
- Swim @ State (Austin)
- · Varsity Boys Golf @ Concan
- Varsity Baseball @ Katy

 Tournament
- JV Baseball @ Oak Ridge
 Tournament
- Sophomore Baseball @
 Spring Tournament
- Varsity Softball @ CCISD

 Tournament
- JV B Boys Soccer @ Milby
 2:00PM
- JV A Boys Soccer @ Heights
 2:00PM
- Band @ UIL S & E West Zone (Morton Ranch)

Mon. Feb 24th:

- JV Boys Golf @ Clear Creek
- Tue, Feb 25th:
- JV Girls Golf @ Clear Creek
- Varsity Girls Softball vs
 Westside 5:00PM (Delmar)
- JV Softball @ Almeta
 Crawford HS (4:30PM)

Wed. Feb 26th:

- Cap and Gown Sales
 11:45AM (12th Grade Hall)
- Letterman Jackets Orders
 11:45AM (Grand Hall)
- Varsity Girls Soccer vs
 Heights 5:30PM (Fields)
- Varsity Boys Soccer vs
 Heights 7:30PM (Fields)
- JV Softball vs Heights A 5:00PM (Fields)
- Thu. Feb 27th:
- SDMC 7:30AM
- JV Girls Soccer @ Ridge
 Point 6:00PM
- JV Softball @ CCISD

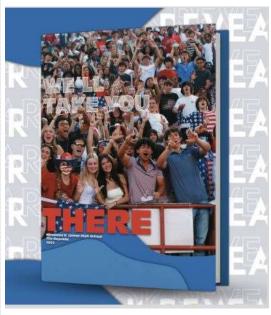
 Tournament
- Varsity Baseball @ Klein

 Tournament
- JV Baseball @ Humble

 Tournament
- Sophomore Baseball @ Katy
 Tournament

Fri. Feb 28th:

- Go Texan Day (LHS)
- Fun Food Friday 11:45 AM



Sports/Event Pictures

Be sure to bookmark www.tinyurl.com/lamarphotos

We add photo galleries throughout the year of all Lamar sports games, concerts, theatre plays, and school activities.

Students and parents have free access to download and share these photos.

IB Testing



https://drive.google.com/file/d/1rAajcEy4NNcRs6KSaJkxr3 1fxw6EEkg/view



https://docs.google.com/forms/d/e/1FAlpQLScxxGDKv_XZ4Jfow6yL9YL0QcWcLglK5APflA1yJNuKvc1HUg/viewform

Summer 2026

We are traveling to Belize and the Mediterranean Coast in 2026! If you would like to find out more info on these trips, reach out to trent.barnes@houstonisd.org We still have a few spots left for each trip.

- Varsity Girls Golf @ Eagle
- JV A Girls Soccer @ Galena
 Park
- Varsity Baseball @ Klein

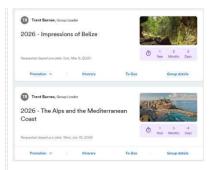
 Tournament
- JV Baseball @ Humble
 Tournament
- Sophomore Baseball @ Katy
 Tournament
- College Readiness @ Sam
 Houston State 8:30-3:00
- Rugby vs Cathedral 6:00PM
 (Field)

Sat, Mar 1st:

- Varsity Baseball @ Klein

 Tournament
- JV Baseball @ Humble
 Tournament
- Sophomore Baseball @ Katy
 Tournament
- Varsity Girls Golf @ Eagle
 Point
- Color Guard Contest @ Clear
 Creek 7:00-7:00
- JV Softball @ CCISD

 Tournament
- Varsity Softball vs Wisdom
 10:00AM (Butler)
- JV A Boys Soccer @ Bellaire
 12:00PM
- JV Boys Soccer vs Bellaire
 10:00AM (Fields)



9th Grade Students and Parents

Students interested in participating in the IB Diploma Program or IB Math classes in 11th and 12th grades - this message is for YOU!

- · In order to take the IB Math classes in 11th and 12th grades, students must have completed Algebra 1, Geometry, and Algebra 2 before 11th grade.
- Students currently in Algebra 1 as 9th graders have the opportunity to take Geometry at Lamar HS in summer school, with a grade review and approval by their Academic Dean.
- · There is a fee for the summer school class, which will be determined by the district late in the Spring semester.
- The *tentative* districts dates for summer school are June 16-July 23, Monday -Friday, so please plan to be in town for those dates! Students are usually only allowed one absence during summer school.

Questions? Contact the 9th Grade Academic Deans listed below:

9A and 9B: Ms. Lawrence <u>dlawren1@houstonisd.org</u> 9C and 9D: Dr. Khatri <u>safiakhatri@houstonisd.org</u>

COLLEGE CORNER

Scholarship Opportunities

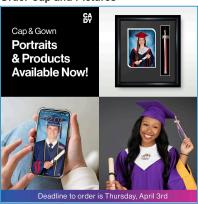
https://www.houstonisd.org/Page/181035



Federal and State financial aid and merit scholarship priority deadline extended to February 15th

Class of 2025 Senior Information

Order Cap and Pictures



Cap & Gown portraits and exclusive products are now available to view and purchase through CADY! Celebrate this achievement with new offerings like tassel frames, yard signs, mugs, and more.

Deadline to order your items to receive them by Graduation is Thursday, April 3rd.

Click the link below to view & order now!

cady.com/capgown25

Prom



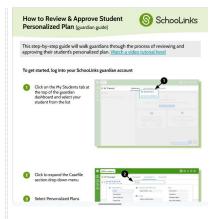
Seniors with APEX Classes



Personal Graduation Plan

All students in Texas Public Schools must have a Personal Graduation Plan (PGP) on file as a graduation requirement. This document is initiated in grade 9 and is used for course planning. All students have updated their student survey this fall. You should receive a district generated email when your student's PGP has been approved. Please follow the attached directions to acknowledge this document. You may have done this in the past; however, HISD has put the form in School Links this year.

Here are the instructions we received from the district for guardians to approve the PGPs:

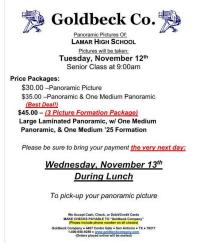


Spring Senior Parent Meeting Presentation



Click here or the click the image

Panoramic Photo





https://goldbeckcompany.com/



Graduation



Get ready to toss those caps in the air! Mark your calendars and save the date for the biggest celebration of the year! Sunday, June 8th at 6:00PM at NRG Stadium!

Cap and Gown Orders



Herff Jones will be on campus for the last time February 26th during lunch in the 12th grade hall. You may place your orders online. Scroll to the bottom of the page for the cap and gown.



2025 Senior Dues

Includes:

Senior Sunrise, Senior Breakfast, Senior T-shirt, Senior water bottle, Senior Stampede Events, Graduation Package (Diploma Cover, Diploma, transcripts, etc.), Senior Sunset, Senior Gift and Other Surprises.

Early Bird Special Aug. 1st - Dec 4th \$90

All the above <u>plus Prom Ticket</u>-Early Bird Special Aug. 1st - Dec 4th -\$170

> OPTION 2: Dec. 5th- End of Year - \$140

Prom Ticket <u>NOT</u> included Dec. 5th- End of Year plus Prom Ticket- \$230

IMPORTANT CLASS OF 2025 DATES

August 12, 2024 Senior Sunrise
September 13, 2024 Senior Treat Day
October 2, 2024 College Fair
September 27, 2024 HOCO Dance
November 12, 2024 Senior Breakfast
November 12, 2024 Panoramic Picture
February 22, 2025 LHS Fest
April 26, 2025 Prom
May 27-29, 2025 Field Trip
May 28, 2025 Senior Day
June 3, 2025 Senior Sunset
June 2-4, 2025 Senior Checkout

Yearbook, Panoramic Photo, Cap & Gown are NOT included in Senior Dues

June Graduation-NRG

All Cap & Gowns are ordered through Herff Jones
** May not purchase a Prom ticket until all IB fees and Senior Dues are paid.

VIPS:

There are several activities that we will need parents to help chaperone. Please make sure complete the VIPS training so you can be included.

https://www.houstonisd.org/Page/188676#calendar347170/20240725/month

We need parents for the Senior Breakfast on November 12th!

Senior 2025 Fall Parent Meeting

Please scan the QR (or click the image) for the Fall 2025 Senior Parent Meeting slides.



Men's Lacrosse



MEETING FOR ALL INTERESTED STUDENTS AND PARENTS Monday August 19th, 2024

6:00PM to 6:30PM

In the Grand Hall at Lamar

Find out more about the program

All students interested in playing lacrosse at Lamar are welcome NO LACROSSE EXPERIENCE REQUIRED.

Parents are invited to attend

Rugby

Rugby at Lamar High School



All players all levels welcome

Practice 415pm-6pm Tuesdays & Thursdays

At Lamar High School 3325 Westheimer Rd

More information is shared on WhatsApp to join just text: 786-925-6416 & we will share the link

Any questions join WhatsApp

https://chat.whatsapp.com/GIX184XcprSA2pLrDj6Ny1





www.bit.ly/LamarSnackDonation www.bit.ly/FunFoodCash





https://bit.ly/LHSFestDonate





QUICK LINKS

VIPS

PTO