



# Lamar High School

## AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

**Rita Graves**  
PRINCIPAL

**Roxanne van Ravenswaay**  
COMMUNICATIONS DIRECTOR

Lamar Weekly Newsletter

STAY CONNECTED

Website: [www.lamarhs.org](http://www.lamarhs.org)

Email: [lamarhstexanshisd@gmail.com](mailto:lamarhstexanshisd@gmail.com)

Twitter: @Lamarhs

Instagram: lamartexans

Students' Instagram: [viewfromthelhsbalcony](#)

## Principal's Corner



## Highlighted Events

**Sat. Feb 1st:** Credit Appeal 8:00-2:00 ( 12th Grade Hall)

**Fri. Feb 7th:** Fun Food Friday 11:45 (Front Lawn)

**Sat. Feb 8th:** School Choice Fair 9:00AM (Gym)

**Tue. Feb 11th:** PTO Meeting 6:00PM (Grand Hall)

**Fri. Feb 14th:** NO SCHOOL- No Students

**Mon. Feb 17th:** HOLIDAY- NO SCHOOL

## Shout Outs

Lamar Department- Gems in G



"Gems in G" is a video series in which Councilman Huffman highlights the great things happening in city of Houston council district G. Councilman Huffman came to Lamar to speak with the Ag teachers and students. They discussed experiential learning across floral

## Upcoming Events:

### Thu. Jan 30th:

- Tours 1:00 (LHS)
- Swim District 5A 4:30PM  
(Pool)

### Fri Jan 31st:

- Swim District 4A 4:30PM  
(Pool)
- Freshman Girls Basketball @  
Bellaire 6:00PM
- JV Girls Basketball @ Bellaire  
7:15PM
- Varsity Girls Basketball vs  
Bellaire 7:15PM (Butler)
- Freshman Boys Basketball vs  
Bellaire 6:00PM (gym)
- JV Boys Basketball vs Bellaire  
7:15PM (gym)
- Varsity Boys Basketball vs  
Bellaire 6:00PM (Butler)
- Varsity Girls Soccer vs  
Heights 5:30PM (field)
- Varsity Boys Soccer vs  
Heights 7:30PM (field)

### Sat. Feb 1st:

- Wrestling Meet @ Delmar  
7:00-7:00
- Band UIL East Zone Contest  
@ Heights
- Track Meet 10:00AM (Field)
- Orchestra @ UIL Contest  
(Katy)
- Swim District 6A Meet 7:00-  
2:30 (Pool)
- Swim UIL Region 4A 2:30-  
8:30 (Pool)

design, landscaping, horticulture, and animal science. Highlighting certifications and real-world skills that prepare students for employment or further education. They also discussed partnerships with local businesses and community organizations that enhance the program.

Varsity Boys Golf



Congratulations the Varsity Boys Golf! They played in a two day tournament in Sugarland. **Fio Melnikau** placed fourth place!! Lamar team one won fourth place and Lamar team number two won fifth place out of 25 teams!!

Visual Arts

Congratulation to our Visual Art student for winning the Harris County Department of Education, in partnership with the Alliance for Young Artists & Writers awards! We are so proud of their commitment, creativity, and incredible work ethic!

Husna Krueng

*A Moment's Notice*

Drawing & Illustration

Honorable Mention

Michael Remishevsky

*Faberge Egg*

Sculpture

Gold Key- Advancing to National competition

Vincent Rivas

*Recovery*

Drawing & Illustration

Honorable Mention

Zoe Villalobos

*Texas Countryside*

Portfolio

Honorable Mention

Zoe Villalobos

*The Deadline*

Film & Animation

Honorable Mention

Zoe Villalobos

*The Troubled Mind*

Portfolio

Silver Key

Dean Mills

*Valerian*

Painting

Silver Key

Hess Award

- Credit Appeal 8:00-2:00 (12th Grade Hall)
- Dance 6:30-10:00PM (Grand Hall)

Mon, Feb 3rd:

- Varsity Boys Golf @ Sweetwater
- Varsity Girls Golf @ Sweetwater

Tue, Feb 4th:

- Varsity Softball vs Galena Park 6:30PM
- JV Softball vs Galena Park 5:00PM
- Choir Field Trip @ Houston Grand Opera

Wed, Feb 5th:

- Freshman Girls Basketball vs Houston 6:00PM (Gym)
- JV Girls Basketball vs Houston 7:15PM (Gym)
- Varsity Girls Basketball vs Houston 7:15PM (Butler)
- Varsity Boys Basketball vs Houston 6:00 PM (Butler)
- Freshman Boys Basketball @ Houston 6:00PM
- JV Boys Basketball @ Houston 7:15PM
- National Signing Day 9:00AM (Gym)
- Dev. Girls Golf @ Atascita Golf Course
- MS Swim Pershing vs Black vs Hamilton 5:00PM (Pool)
- FFA Parent Meeting 6:30PM (Grand Hall)
- Cheer Contest 5:00PM (Butler)

Thu, Feb 6th:

- ASVAB Testing 8:30AM (LHS)
- FASFA Roadshow 5:00PM (Athletic Lobby)
- Band Parent Meeting 6:00PM (Band Hall)
- Track @ Clear Brook 3:30PM
- Model UN Contest @ Uof H

Fri, Feb 7th:

- Wrestling @ Regional (Katy)
- Swim @ Regions (Conroe)
- Fun Food Friday 11:45 (Front Lawn)



The STEM Grant from Hess was awarded to Lamar High School this year. We received several of the HESS 60<sup>th</sup> Anniversary Limited Edition Fire Trucks for 2024. The CTE Department has donated these to our Special Education Department with the HESS STEM curriculum for Fire Safety Training.

## Credit Appeal



## Summer 2026 Meeting

**2026**  
Health Science  
International Field Trip  
Scotland  
London  
& Paris  
Interest Meeting  
Thursday, Feb 6<sup>th</sup>  
6PM Lamar High School  
Grand Hall

Learn about Health Science and where "modern medicine" all began in the UK and then hop over to Paris to enjoy an authentic croissant while seeing some of the most iconic art pieces in the world at the Louvre. Interested in this trip of a lifetime, please join us for our interest meeting in Feb. RSVP here: <https://bit.ly/40am3bm>

## Limitless

- Freshman Boys Basketball @ Westside 6:00PM
- JV Boys Basketball @ Westside 7:15PM
- Varsity Boys Soccer vs Bellaire 7:30PM (Field)
- Varsity Girls Soccer vs Bellaire 5:30PM (Field)
- Tennis @ Chancellors
- Culinary @ HCC 7:00-3:30
- Model UN Contest @ UofH

### Sat. Feb 8th:

- Choir Vocal Solo & ensemble @ Mayde Creek
- School Choice Fair 9:00AM (gym)
- Varsity Boys Basketball vs Westside 11:15AM (Butler)
- Color Guard Contest @ Jordan 7:00AM
- Girls Soccer @ Jordan
- Wrestling @ Regionals
- JV Baseball @ Cy Falls 10:00AM
- Sophomore Baseball @ Cy Falls 12:00PM
- JV B Boys soccer vs Westbury 10:00AM (Fields)
- JV A Boys Soccer vs Wisdom 2:00PM (Fields)

### Mon. Feb 10th:

- Freshman Boys Basketball vs Wisdom 6:00PM (gym)
- JV Boys Basketball vs Wisdom 7:00PM (gym)

### Tue. Feb 11th:

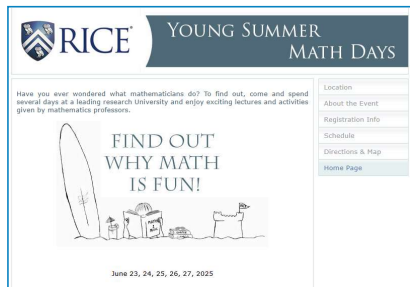
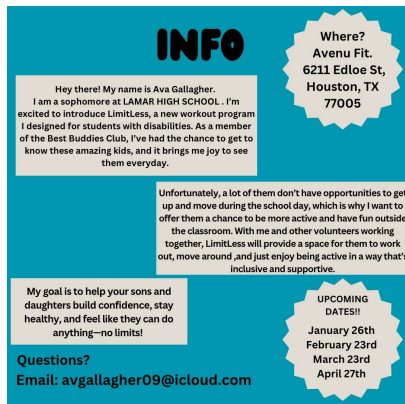
- Varsity Girls Soccer vs Houston 6:00PM (fields)
- Varsity Boys Soccer vs Houston 7:45PM (fields)
- PTO Meeting 6:00PM (Grand Hall)
- JV Softball @ St. John's TBA
- Varsity Boys Basketball vs Wisdom 7:30PM (Pavilion)

### Wed. Feb 12th:

- Varsity Girls Golf @ Blackhorse
- FAFSA Road Show 5:00-7:00PM (Athletic Lobby)

### Thu. Feb 13th:

- Varsity Softball @ Goose Creek Tournament



The Young Summer Math Days is a fun and educational program for all high school students entering grades 10-11 in the Fall of 2025. The idea is to introduce the students to a variety of interesting topics in mathematics, like mathematics in art, mathematics in car racing, mathematical modeling in biology, mathematical analysis, parallel computing, toys and mathematics etc. A number of dedicated faculty and graduate students in the departments of Computational Applied Mathematics and Operations Research have enthusiastically agreed to give lectures and hands-on workshops on these and other topics.

The program is free but students have to apply to be enrolled in the program. The application is available on the website and [here](#).

Students in grades 9-11 will be able to earn exemptions from final exams – High School Course exemptions or College-level Course exemptions.

To incentivize the daily attendance rate, eligible grade 9 students may be allowed one spring final exam exemption; two spring final exam exemptions may be allowed for eligible 10th and 11th graders. Eligible students are those with:

- no more than three (3) absences in any one course for the duration of the semester;
- an S or E in conduct; and
- must have an 85 or higher semester average in the specific course(s) where the final exam exemption is applied.

## Final Exam Exemptions for College-Level Courses

Fri. Feb 14th:

- **NO SCHOOL- No Students**
- Varsity Softball @ Goose Creek Tournament
- Varsity Boys Baseball @ Ridge Point 4:00PM
- Varsity Boys Basketball vs Chavez 6:00PM (Pavilion)
- Wrestling @ State (Katy)
- Varsity Girls Soccer vs Westside 6:15PM (Barnett)

Sat. Feb 15th:

- Varsity Softball @ Goose Creek Tournament
- JV Boys Soccer @ Sharpstown 10:00AM
- JV B Boys Soccer @ Houston 12:00PM
- JV Baseball vs Ridge Point 11:00AM (Fields)
- Sophomore Baseball vs Ridge Point 1:30PM (Fields)
- MS Swim District 2 7:00-1:00 (Pool)
- MS Swim District 1 1:00-6:30 (Pool)

Mon, Feb 17th:

- HOLIDAY- NO SCHOOL
- Varsity Baseball @ Elkins  
7:00PM



Schools may, under the following conditions, exempt students in grades 9 -12 from a final exam in college-level courses, defined as IB SL or HL or Advanced Placement (AP):

- if the student takes the AP or IB exam for the assigned course;
- an S or E in conduct; and
- a course average of 85 or better in the specific course(s) where the final exam exemption is applied.

11<sup>th</sup> and 12<sup>th</sup> grade students in IB courses must submit all IB assessments, sit for IB exams in May, and participate in all oral assessments. To be exempt from finals in 11<sup>th</sup> and 12<sup>th</sup> grade IB courses, students must also have all IB assessments complete.

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## Yearbook

See below for information regarding the yearbook. Feel free to reach out with any questions. Enjoy your Winter Break!

### How to Order a Yearbook?

[www.yearbookordercenter.com](http://www.yearbookordercenter.com)

School Code -25147

### Yearbook Price

Fall Price - \$75 (October 1st- December 31st)

Spring Price - \$85 (January 1st- March 31st)

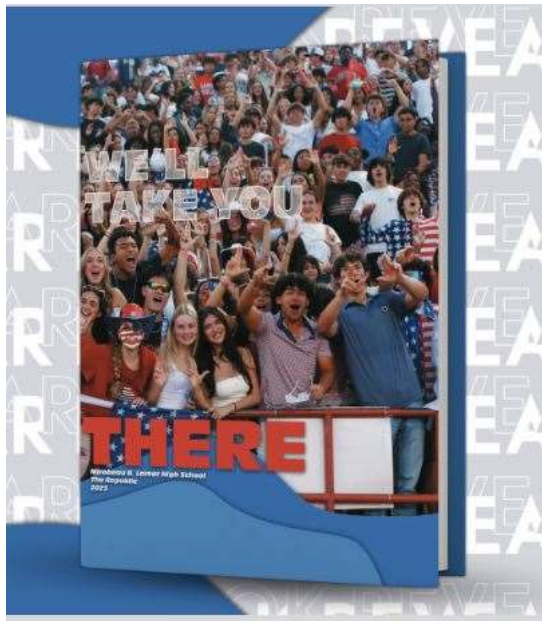
Last Chance - \$100 (April 1st - June 3rs)

*\*\* We sold out the last two years., so do not delay. Lock in the cheapest price now.*

### Yearbook 2025 Cover/Theme Reveal

#### We'll Take you There!

The Yearbook staff is excited for you all to see our cover for this year's book and to take you there all across Lamar. Our book is bigger and better than ever! Buy it now at its cheapest price and before they are all sold out.



### Sports/Event Pictures

Be sure to bookmark [www.tinyurl.com/lamarphotos](http://www.tinyurl.com/lamarphotos)

We add photo galleries throughout the year of all Lamar sports games, concerts, theatre plays, and school activities.



Students and parents have free access to download and share these photos.

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## IB Testing

save  
the  
date

IB TESTING BEGINS  
APRIL 28, 2025



SCAN FOR  
COMPLETE  
TESTING  
CALENDAR

[https://drive.google.com/file/d/1rAajcEy4NNcRs6KSaJkxr3\\_1fxw6EEkg/view](https://drive.google.com/file/d/1rAajcEy4NNcRs6KSaJkxr3_1fxw6EEkg/view)

WANTED!

IB TESTING  
VOLUNTEERS

PARENTS & GUARDIANS,  
WE NEED YOUR HELP DURING  
IB EXAM SEASON!

Please help  
proctor and  
learn more about  
the IB  
assessments and  
support our  
teachers and  
students!



IOS begin  
2/17  
IB End of Year  
Exams begin  
4/28

SIGN UP WITH QR CODE

QUESTIONS: CONTACT SHELBY HICKS-  
SHELBY.HICKS@HOUSTONISD.ORG


[https://docs.google.com/forms/d/e/1FAIpQLScxxGDKv\\_XZ4Jfow6yL9YL0QcWcLgIK5APfIA1yJNuKvc1HUg/viewform](https://docs.google.com/forms/d/e/1FAIpQLScxxGDKv_XZ4Jfow6yL9YL0QcWcLgIK5APfIA1yJNuKvc1HUg/viewform)

## Summer 2026

We are traveling to Belize and the Mediterranean Coast in 2026! If you would like to find out more info on these trips, reach out to [trent.barnes@houstonisd.org](mailto:trent.barnes@houstonisd.org) We still have a few spots left for each trip.

Trent Barnes, Group Leader

2026 - Impressions of Belize




1 2 2  
Year Months Days

Requested departure date: Sat, May 8, 2026

Information Itinerary To-Do Group details

Trent Barnes, Group Leader

2026 - The Alps and the Mediterranean Coast



1 5 4  
Year Months Days

Requested departure date: Wed, Jun 10, 2026

Information Itinerary To-Do Group details

## Writing Lab

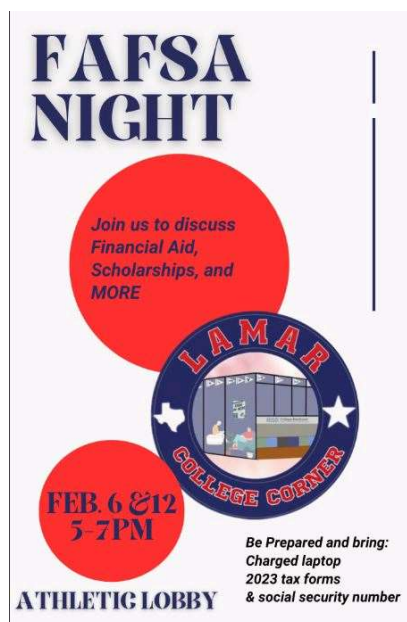
Congratulations to the Winners of the 3<sup>rd</sup> Annual Writing Lab Winter Writing Contest!  
Read all of our excellent entries [here](#).  
Category winners will receive their certificate and prizes in school Friday, January 31.



## COLLEGE CORNER

### Scholarship Opportunities

<https://www.houstonisd.org/Page/181035>



Federal and State financial aid and merit scholarship priority deadline extended to **February 15th**

## Class of 2025 Senior Information

Seniors with APEX Classes



**SENIORS!**

If you have an APEX course for the fall semester, your off-campus period will be removed until the APEX course is completed and on your transcript.

All APEX courses are intended to satisfy a graduation requirement.

Once completed, off campus can be reinstated.




**COMPLETE  
APEX  
TODAY**

Personal Graduation Plan

All students in Texas Public Schools must have a Personal Graduation Plan (PGP) on file as a graduation requirement. This document is initiated in grade 9 and is used for course planning. All students have updated their student survey this fall. You should receive a district generated email when your student’s PGP has been approved. Please follow the attached directions to acknowledge this document. You may have done this in the past; however, HISD has put the form in School Links this year. Here are the instructions we received from the district for guardians to approve the PGPs:

How to Review & Approve Student Personalized Plan (guardian guide)





SchoolLinks



This step-by-step guide will walk guardians through the process of reviewing and approving their student's personalized plan. [Watch a video tutorial here!](#)


To get started, log into your SchoolLinks guardian account

- Click on the My Students tab at the top of the guardian dashboard and select your student from the list
- Click to expand the Casfile section drop down menu
- Select Personalized Plans

Spring Senior Parent Meeting Presentation



**Class of 2025**

Parent information session  
January 2025

link to slides!

Click [here](#) or the click the image

Panoramic Photo





**Goldbeck Co.**

Panoramic Pictures Of:  
**LAMAR HIGH SCHOOL**

Pictures will be taken:

**Tuesday, November 12<sup>th</sup>**  
Senior Class at 9:00am

**Price Packages:**

\$30.00 –Panoramic Picture

\$35.00 –Panoramic & One Medium Panoramic

**(Best Deal!!)**

**\$45.00 – (3 Picture Formation Package)**

Large Laminated Panoramic, w/ One Medium  
Panoramic, & One Medium '25 Formation

Please be sure to bring your payment **the very next day:**

**Wednesday, November 13<sup>th</sup>**

**During Lunch**

To pick-up your panoramic picture

We Accept Cash, Check, or Debit/Credit Cards  
MAKE CHECKS PAYABLE TO "Goldbeck Company"  
(Please include phone number on all checks)  
Goldbeck Company • 4407 Center Oaks • San Antonio • TX • 78217  
1-800-456-6289 • [www.goldbeckcompany.com](http://www.goldbeckcompany.com)  
(Orders placed online will be mailed)



**Its not too late to order!**

**Scan Me!**

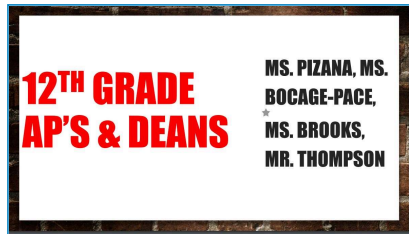
✱ **Buy your panoramic online** ✱



Goldbeck Company  
Phone #: (210) 656 - 1445

<https://goldbeckcompany.com/>

[Senior Meeting PowerPoint](#)



**12<sup>TH</sup> GRADE  
AP'S & DEANS**

**MS. PIZANA, MS.  
BOCAGE-PACE,  
\* MS. BROOKS,  
MR. THOMPSON**

**Graduation**



**#HAPPY  
GRADUATION**

**CLASS OF  
2025**

Get ready to toss those caps in the air! Mark your calendars and save the date for the biggest celebration of the year! Sunday, June 8th at 6:00PM at NRG Stadium!

## Cap and Gown Orders



**LAMAR HIGH SCHOOL CLASS OF 2025**

**IN-SCHOOL ORDER DATES**  
Thursday, October 24th  
Friday, October 25th  
During Lunches in Cafeteria

You've worked hard.  
**Now it's time to celebrate your achievements** with custom graduation announcements and graduation regalia.  
**Order now before it's too late!**

**QUESTIONS?**  
Dilly Campus Supply  
713.588.0800  
herffcampussupply@tsc.com  
1221 Lumpkin Rd., Suite A  
Houston, TX 77043

**Dilly**  
CAMPUS SUPPLY

**HERFF JONES**

Herff Jones will be on campus for the last time February 26th during lunch in the 12th grade hall.

You may place your orders [online](#). Scroll to the bottom of the page for the cap and gown.



### 2025 Senior Dues

*Includes:*

Senior Sunrise, Senior Breakfast, Senior T-shirt, Senior water bottle, Senior Stampede Events, Graduation Package (Diploma Cover, Diploma, transcripts, etc.), Senior Sunset, Senior Gift and Other Surprises.

#### OPTION 1:

**Early Bird Special Aug. 1<sup>st</sup> - Dec 4th \$90**

<https://www.schoolpay.com/pay/for/Class-of-2025-Senior-Fees-Early-Bird-Spe/Sd3S0wk>

**All the above plus Prom Ticket-**

**Early Bird Special Aug. 1<sup>st</sup> - Dec 4<sup>th</sup> - \$170**

<https://www.schoolpay.com/pay/for/Class-of-2025-Senior-Fees-Early-Bird-PLU/SeChylH>

#### OPTION 2:

**Dec. 5<sup>th</sup>- End of Year - \$140**

**Prom Ticket NOT included**

**Dec. 5<sup>th</sup>- End of Year plus Prom Ticket- \$230**

### IMPORTANT CLASS OF 2025 DATES

August 12, 2024 Senior Sunrise  
September 13, 2024 Senior Treat Day  
October 2, 2024 College Fair  
September 27, 2024 HOCO Dance  
November 12, 2024 Senior Breakfast  
November 12, 2024 Panoramic Picture  
February 22, 2025 LHS Fest  
April 26, 2025 Prom  
May 27-29, 2025 Field Trip  
May 28, 2025 Senior Day  
June 3, 2025 Senior Sunset  
June 2-4, 2025 Senior Checkout

**Yearbook, Panoramic Photo, Cap & Gown are NOT included in Senior Dues**

All Cap & Gowns are ordered through Herff Jones

**\*\* May not purchase a Prom ticket until all IB fees and Senior Dues are paid.**

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**VIPS:**

There are several activities that we will need parents to help chaperone. Please make sure complete the VIPS training so you can be included.

<https://www.houstonisd.org/Page/188676#calendar347170/20240725/month>

**We need parents for the Senior Breakfast on November 12th!**

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**Senior 2025 Fall Parent Meeting**

Please scan the QR (or click the image) for the Fall 2025 Senior Parent Meeting slides.



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**Men's Lacrosse**

**LAMAR MEN'S LACROSSE**



**MEETING FOR ALL INTERESTED STUDENTS AND PARENTS**

**Monday August 19<sup>th</sup>, 2024**

**6:00PM to 6:30PM**

**In the Grand Hall at Lamar**

Meet the new Head Coach

Find out more about the program

**All students interested in playing lacrosse at Lamar are welcome  
NO LACROSSE EXPERIENCE REQUIRED.**

**Parents are invited to attend**

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**Rugby**

**Rugby at Lamar High School**



**All players, all levels welcome**

**Practice 415pm-6pm Tuesdays & Thursdays**

At Lamar High School  
3325 Westheimer Rd

More information is shared on WhatsApp to join just text:  
786-925-6416 & we will share the link

Any questions join WhatsApp

<https://chat.whatsapp.com/GIX184XcprSA2pLrDj6Ny1>

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LAMAR HIGH SCHOOL

**PTO**

TEXANS CONNECTED

You  
can help!  
Donate Snacks:



Or cash:



## LAMAR HS FUN FOOD DAY

Friday, February 7,  
Lunchtime on the  
Front Lawn



\$6 Chick-Fil-A  
Sandwiches, \$1  
Sodas, Chips,  
& Candy

[bit.ly/LamarSnackDonation](https://bit.ly/LamarSnackDonation)

[bit.ly/FunFoodCash](https://bit.ly/FunFoodCash)

[www.bit.ly/LamarSnackDonation](https://www.bit.ly/LamarSnackDonation)

[www.bit.ly/FunFoodCash](https://www.bit.ly/FunFoodCash)

LAMAR PTO

# QUARTERLY MEETING



DATE  
11 FEB 2025



TIME  
AT 6.00 PM

LDC: GRAND HALL

SOCIAL AFTERWARDS  
@ KIRBY ICEHOUSE







**Senior Class of 2025 Event**  
sponsored by Lamar High School and the Lamar PTO

**Feb 22**  
**6:30-10 pm**  
**Lamar Fields**  
gates close at 8pm

<b>MUSIC DANCING</b>	DJ ED LIVE, SELFIE BOOTHS, CARICATURE ARTIST, TAROT CARD READER, 360 PHOTO BOOTH, DOOR PRIZES
<b>CARNIVAL RIDES</b>	WHIRLY BIRD, MIND WINDER, MELTDOWN, WRECKING BALL
<b>CARNIVAL GAMES &amp; PRIZES</b>	PLINKO, ROLLER BOWLER, STRIKE ZONE, SKEE BALL, HOLE IN ONE, HIGH STRIKER, CARNIVAL GAME PRIZES, \$10,000 IN GIVEAWAYS
<b>FOOD TRUCKS</b>	POPCORN, COTTON CANDY, TACO BASKETS, BURGERS, CHICKEN TENDERS

**FREE ADMISSION**

<https://bit.ly/LHSFestDonate>



Show your love to Lamar HS!  
***Your help is greatly appreciated***

**Donate Now**


bit.ly/DonatetoLamarHS

More Info :  
[www.lamarpto.org](http://www.lamarpto.org)

FOLLOW LAMAR ON SOCIAL MEDIA

Principal's IG	@ViewfromtheLHSBalcony
Lamar PTO on IG	@lamarpto
Lamar PTO on FB	/LamarHighSchoolHoustonPTO
Lamar HS on IG	@lamar Texans
Class of '25 on FB	bit.ly/LamarClassof25
Class of '26 on IG	@lamarclassof26
Class of '27 on IG	@lamarclassof27
Class of '28 on FB	bit.ly/LamarClassof28

 [bit.ly/JoinLamarPTO](https://bit.ly/JoinLamarPTO)

save this post 

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