

“Research shows that healthy children do better in school - from attendance and behavior to academics and overall performance.”



How to Participate

If you would like to be considered for either the council or a committee, please contact the manager of Secondary Health and Physical Education at Tel: 713-556-6823.

Website: www.houstonisd.org

The Houston Independent School District (HISD) values the input from parents and community representatives in its efforts to improve student achievement and safety by providing a comprehensive and sequential health/physical education programs. Through collaboration with the School Health Advisory Council (SHAC), the district ensures that local community values and health issues are reflected in the district's health education instruction.

Benefits of Having a SHAC

1. Addressing the health needs of students through the work of the SHAC, helps meet district performance goals and alleviates financial constraints.
2. SHACs play an important role in communicating the connection between health and learning to school administrators, parents and community stakeholders.
3. SHACs can help parents and community stakeholders reinforce the health knowledge and skills children need to be healthy for a lifetime.



It is the policy of the Houston Independent School District not to discriminate on the basis of age, color, handicap or disability, ancestry, national origin, marital status, race, religion, sex, veteran status, or political affiliation in its educational or employment programs and activities.