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## 2016 COMMUNITY RESOURCE GUIDE

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FAMILY MENTAL HEALTH

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Kenneth Huewitt  
Interim Superintendent of Schools

# Houston Independent School District Board of Education

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## **Family and Community Engagement Department**

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[www.HoustonISD.org/face](http://www.HoustonISD.org/face)

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## EXECUTIVE SUMMARY

Welcome to the revised and expanded **Houston Independent School District (HISD) Family and Community Engagement (FACE) 2016 Community Resource Guide**. Its primary intended audiences are administrators and teachers in the HISD and the parents, guardians, families, and communities they serve.

### Structure and Organization

In its third edition, the **2016 Community Resource Guide** now includes 41 topics and 735 profiles. The profiles encompass 350 unique organizations. A profile is the total description of an entry. An entry is an organization and its total profile under a given topic. A topic is the total collection of profiles for a specific area of interest. The **Guide** consistently uses 15 headings as prompts for information. A heading is a specific question of interest and it is repeated across all entries and within all topics.

### Methods Used

In identifying possible topics and profiles for this new, revised edition of the **Guide**, HISD FACE staff members:

1. Used service providers' websites as the primary information resource.
2. Consulted Guidestar and organizations' IRS Form 990s for contact and communication information.
3. Sent emails with questions to selected organizations for which there were gaps in information.
4. Made phone calls to selected organizations for which there were also gaps in information.
5. Reviewed successive drafts to assess quality, completeness, and ease of use.
6. Included a **Product Evaluation Form** for feedback from schools, families, and other users.

### Origins and Attributes

Under the leadership of Assistant Superintendent, Dr. Jorge Arredondo, an eight-person team contributed to developing the **2016 Community Resource Guide**: Dr. Elizabeth Cocina, Carmen Acevedo, Victoria Graham, Gabriella Hernandez, Walter Simpson, Rony Canales, Valeria Schillaci, and Jeffrey Smith. The **Guide** traces its lineage to such trailblazers as Harris County's Community Youth Services Program and the United Way of Greater Houston, but it also differs from them in significant ways: (1) The **Guide's** area of focus is on HISD and Houston, not on a broader geography; (2) information summary tables precede the profiles for each topic; (3) through the headings used in its service provider profiles, the **Guide** presents answers for a consistently defined set of questions; (4) wherever possible, it includes contact names, local bus and METRO rail transit routes, and the languages in which information and/or services are available; (5) the **Guide** identifies four ways to get information about community resources: phone, fax, email, and website; (6) the **Guide** also indicates whether services are available onsite at public schools and it briefly describes available services; and (7) the **Guide** is available in single-topic and comprehensive print versions and as a searchable online database.

### Disclaimer

This revised **Guide** is intended to be a quick reference resource for HISD schools and families. Inclusion in it does not denote endorsement or recommendation. Please send information about new resources, as well as any updates, corrections, and comments to [jsmith55@houstonisd.org](mailto:jsmith55@houstonisd.org).

### Evaluation Form

A two-page Product Evaluation Form appears at the end of this **Guide**. We would welcome your feedback!

## FAMILY MENTAL HEALTH

### Family Mental Health:

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8. Depression and Bipolar Support Alliance (DBSA)
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12. Houston Behavioral Healthcare Hospital
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16. Montrose Center
17. National Alliance on Mental Illness (NAMI) Greater Houston
18. Saint Joseph House
19. Texas Medical Center – Child and Adolescent Psychiatry
20. The Arc of Greater Houston
21. The Council on Recovery
22. The Harris Center for Mental Health and IDD – Children and Adolescent Services
23. The University of Houston – Psychology Research and Services Center (UH-PRSC)
24. The University of Texas – Harris County Psychiatric Center (UT-HCPC)
25. West Oaks Hospital Mental Health Services

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
1	713-526-4611 713-874-6590	All ages	Costs vary	No	English, Spanish
2	713-986-3300	Ages 0-17	Costs vary	No	English
3	832-393-5503 832-393-5469	All ages	Free	Yes	English
4	713-928-9552 713-928-9553	Ages 3-18	Free	No	English, Spanish
5	713-928-9552 713-928-9553	Ages 3-18	Free	No	English
6	713-981-7645	All ages	Free	No	Assamese, Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Nepali, Punjabi, Sindhi, Tamil, Telugu, Urdu
7	713-730-2335 713-802-3852	Ages 0-18	Costs vary	Yes	English, Spanish
8	713-600-1131	Ages 13-17 and Adults ages 18+	Free	Yes	English, Spanish
9	713-861-4849	Grades K-12	Costs vary	Yes	English, Spanish
10	713-529-3260 713-529-3597 713-387-7196	Ages 0-17	Costs vary	No	English, Spanish
11	832-786-1956	Ages 0-3	\$55	No	English
12	832-834-7710	Ages 13-17 and Adults ages 18+	Costs vary	No	English, Spanish
13	832-394-4200	Adults ages 18+	Free	No	English, Spanish
14	713-667-9336	All ages	Costs vary	No	English, Hebrew, Russian

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
15	713-351-7350 281-498-6100 832-548-5400 713-779-7200 832-548-5100 832-548-5300	All ages	Costs vary	No	English, Spanish
16	713-529-0037	Ages 13-17 and Adults ages 18+	Costs vary	Yes	English, Spanish, Vietnamese
17	713-970-4419 713-970-4489	All ages	Free	No	Arabic, Chinese, English, Spanish, others
18	713-523-5958	Adults ages 18+	Free	No	English, Pilipino, Spanish
19	713-486-2700	Ages 0-18	Costs vary	No	English
20	713-957-1600	All ages	Costs vary	No	English, Spanish
21	713-914-0556 281-200-9281	Ages 3-18	Costs vary	No	English
22	713-970-7000 866-970-4770 713-970-7070 (See profile list)	Ages 3-17	Costs vary	No	English
23	713-743-8600	All ages	Costs vary	No	English
24	713-741-3883	Ages 3-17	Costs vary	No	English, Spanish
25	713-774-0606 713-995-0909	Ages 6-17	Costs vary	No	English

### Catholic Charities of the Archdiocese of Galveston-Houston

**Area Served:** Greater Houston

Location	Address	Phone	Bus Routes
Central Office	2900 Louisiana Street, Houston, TX 77006	713-526-4611 713-874-6590	700 (METRO rail), 82, 85, 160
Moran Health Center	2615 Fannin Street, Houston, TX 77002	713-526-4611 713-874-6590	700 (METRO rail), 54, 85, 160
West Houston	625 Nottingham Oaks Trail, Houston, TX 77079	713-526-4611 713-874-6590	67, 162
South Houston	1300 Bay Area Boulevard, Suite 229, Houston, TX 77058	713-526-4611 713-874-6590	246, 249

**Days/Hours:** Monday-Friday, 7:30am-5:30pm

**Contact:** Ernesto Lopez, Jr.

**Fax:** 713-526-1546

**Email:** Not available

**Website:** <http://www.catholiccharities.org/our-services/strengthening-families/counseling-services>

**Ages/Grades Served:** All ages

**Eligibility:** Requires proof of income, proof of identity, and proof of residency.

**Costs:** Costs vary. • Charges a sliding scale fee based on family income. • Accepts some insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Offers individual, couple, and family counseling, as well as workshops and presentations for men, women, and children. • Helps youth who are dealing with peer pressure or bullying. • Helps parents who need guidance in raising children with behavioral issues. • Helps persons who are struggling with anger or anxiety or who are feeling sad and alone, and helps adults and youth who are coping with life's daily stresses.

## Children's Assessment Center

**Address:** 2500 Bolsover Street, Houston, TX 77005

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Elaine Stolte, Executive Director, or Lawrence Thompson, Jr., Director of Therapy and Psychological Services

**Phone:** 713-986-3300

**Fax:** 713-986-3553

**Email:** [info@cac.hctx.net](mailto:info@cac.hctx.net)

**Website:** <http://cachouston.org/therapy-psychological-services>

**Local Bus Routes:** 27, 84

**Ages/Grades Served:** Ages 0-17

**Eligibility:** Must be a child victim of abuse, a sibling of a child victim of abuse, or a non-offending caregiver of a child victim of abuse.

**Costs:** Costs vary. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Offers crisis intervention and psychological evaluations to group, family, and individual therapy of child victims, siblings, and non-offending caregivers. • Provides a safe haven for children while awaiting services or during investigations of alleged abuse. • Offers resources about the prevention, intervention, and treatment for child sexual abuse.

## City of Houston – Kashmere Multi-Service Center

**Address:** 4802 Lockwood Drive, Houston, TX 77026

**Area Served:** Houston

**Days/Hours:** Office: Monday-Tuesday, 8am-8pm, Wednesday, 8am-7pm, Thursday, 8am-8pm, and Friday, 8am-5pm. • School-Based Wrap-Around Project (SWAP): Monday-Friday, 8am-5pm.

**Contact:** Not available

**Phone:** 832-393-5503 (general questions) or 832-393-5469 (SWAP)

**Fax:** 832-393-5494

**Email:** Not available

**Website:** <http://www.houstontx.gov/health/MSC/kashmere.html>

**Local Bus Routes:** 26, 80

**Ages/Grades Served:** All ages

**Eligibility:** Requires proof of income, proof of residency, and proof of identity.

**Costs:** Free

**Onsite at Schools:** Yes. • Provides SWAP (School-Based Wrap-Around Project) in selected HISD elementary schools.

**Languages:** English

**Direct Services:** Through SWAP (School-Based Wrap-Around Project), the Center provides assistance and support to families within the local community whose children have mental health needs. • The city provides many other health-related services at the same location.

## City of Houston – Magnolia Multi-Service Center

**Address:** 7037 Capitol Street, Houston, TX 77011

**Area Served:** Houston

**Days/Hours:** Monday-Thursday, 8am-9pm, Friday, 8am-8pm

**Contact:** Ivonne Ledet or Caryn Lir

**Phone:** 713-928-9552 or 713-928-9553

**Fax:** 832-395-3437

**Email:** Not available

**Website:** [http://www.houstontx.gov/health/MSC/Magnolia\\_Multi\\_Service\\_Center.html](http://www.houstontx.gov/health/MSC/Magnolia_Multi_Service_Center.html)

**Local Bus Routes:** 20, 50

**Ages/Grades Served:** Ages 3-18

**Eligibility:** Requires proof of income, proof of residency, and proof of identity.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** MHMRA provides counseling, mental health assessment, case management, parent and child behavior management, and medication-related services for children. • The city provides many other health-related services at the same location.

### City of Houston – West End Multi-Service Center

**Address:** 170 Heights Boulevard, Houston, TX 77007

**Area Served:** Houston

**Days/Hours:** Office: Monday, 7am-5pm, Tuesday, 7am-8pm, Wednesday, 7am-5pm, Thursday, 7am-8pm, Friday, 7am-5pm. • Mental Health Services: Thursday-Friday, 8am-5pm.

**Contact:** Not available

**Phone:** 832-393-5950

**Fax:** 832-393-5977

**Email:** Not available

**Website:** [http://www.houstontx.gov/health/MSC/West\\_End\\_Multi\\_Service\\_Center.html](http://www.houstontx.gov/health/MSC/West_End_Multi_Service_Center.html)

**Local Bus Routes:** 40, 66, 71, 85

**Ages/Grades Served:** Ages 3-18

**Eligibility:** Requires proof of income, proof of residency, and proof of identity.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** MHMRA provides onsite counseling services for local community children and youth. • The city provides many other health-related services at the same location.

### DAYA, Inc.

**Address:** 3300 South Gessner Road, Suite 203, Houston, TX 77063

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 9am-5pm

**Contact:** Padmini Ranganathan, President

**Phone:** 713-981-7645 (Help Line)

**Fax:** 713-583-1822

**Email:** [contact@dayhouston.org](mailto:contact@dayhouston.org)

**Website:** <http://www.dayahouston.org/services.php>

**Local Bus Routes:** 25, 46

**Ages/Grades Served:** All ages

**Eligibility:** Must be a member of the city's South Asian community.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** Assamese, Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Nepali, Punjabi, Sindhi, Tamil, Telugu, Urdu

**Direct Services:** Provides confidential and culturally sensitive services to women and children in crisis situations such as domestic violence, sexual assault, and child abuse. • Offers crisis counseling for individuals and offers a support group for survivors of domestic violence.



## DePelchin Children's Center (DCC)

**Address:** 4950 Memorial Drive, Houston, TX 77007

**Area Served:** Greater Houston

**Days/Hours:** Office: Monday-Friday, 8am-5pm. • Mental Health Appointments: Saturday, 8am-12pm.

**Contact:** Meredith Rose, Parent Education Program Coordinator

**Phone:** 713-730-2335 (appointments) or 713-802-3852 (programs)

**Fax:** 713-802-3801

**Email:** [info@depelchin.org](mailto:info@depelchin.org)

**Website:** <http://www.depelchin.org/mental-health>

**Local Bus Routes:** 27, 71, 85

**Ages/Grades Served:** Ages 0-18

**Eligibility:** Requires proof of income and proof of identity. • Must have an appointment.

**Costs:** Costs vary. • Uses a sliding scale fee based on a family's gross income and number of individuals in the household. • Accepts private insurance plans, Medicaid, the Children's Health Insurance Program (CHIP), and self-pay options.

**Onsite at Schools:** Yes. • DCC offers school-based programs for elementary and middle schools aimed at positive youth development and prevention of substance abuse, bullying, and delinquency.

**Languages:** English, Spanish

**Direct Services:** Helps families to deal with managing anger, anxiety, behavior problems, depression, family conflict, loss and grief, school problems, and resolving trauma. • Offers individual, family, and group therapy and trauma-focused treatment. • Also offers psychiatry and psychological testing.

## Depression and Bipolar Support Alliance (DBSA)

**Address:** PO Box 27607, Houston, TX 77227

**Area Served:** Greater Houston

**Days/Hours:** Office: Monday-Friday, 8am-5pm. • Weekly meeting times for support groups vary by location: Monday-Friday, 5:30pm-7pm or 7pm-8:30pm or Saturday, 10am-11:30am. • Always call ahead.

**Contact:** Megan Gust, Senior Program Manager

**Phone:** 713-600-1131

**Fax:** 713-600-1137

**Email:** [dbsahouston@dbsahouston.org](mailto:dbsahouston@dbsahouston.org) (general questions) or [gust@dbsahouston.org](mailto:gust@dbsahouston.org) (programs)

**Website:** <http://www.dbsahouston.org/list-of-houston-support-groups>

**Local Bus Routes:** Not available

**Ages/Grades Served:** Adults ages 18+ (general support groups and caregivers support groups); ages 13-17 (adolescent support groups); and ages 18-30 (young adults support groups).

**Eligibility:** No area restrictions.

**Costs:** Free

**Onsite at Schools:** Yes. • Offers depression and bipolar support groups at eight HISD high schools.

**Languages:** English, Spanish

**Direct Services:** At 24 locations, offers support groups to help individuals, family members, and friends understand depression and bipolar disorder. • Also educates the public about depression and bipolar disorder, confront social stigma, and advocate for the rights of persons who live with mental disorders. • Types of support groups include: general support, adolescent, young adults, and Spanish-speaking persons.

## Family Services of Greater Houston

**Address:** 2700 Southwest Freeway, Suite 209, Houston, TX 77098 (Administration)  
4625 Lillian Street, Houston, TX 77007 (Central Office)

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Paz Guerra, Senior Vice President of Community Services

**Phone:** 713-861-4849

**Fax:** 713-861-4021



**Email:** [family@familyservices.org](mailto:family@familyservices.org)

**Website:** <http://www.familyservices.org/content/counseling>

**Local Bus Routes:** 25, 27, 41 (central office); 71, 85 (administration)

**Ages/Grades Served:** Grades K-12

**Eligibility:** Requires an appointment.

**Costs:** Costs vary. • Charges a fee on a sliding scale based on income. • Accepts major insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Provides onsite counseling to students and families in 14 HISD schools.

**Languages:** English, Spanish

**Direct Services:** Helps families and children to develop coping skills to manage mental health issues.

### Good Neighbor Healthcare Center

**Address:** 190 Heights Boulevard, Houston, TX 77007

**Area Served:** Houston

**Days/Hours:** Monday, 8am-5pm, Tuesday, 8am-8pm, Wednesday-Friday, 8am-5pm, Saturday, 8am-12pm

**Contact:** Ann Thielke, Chief Executive Officer

**Phone:** 713-529-3260 (same day appointments), 713-529-3597 (medical appointments), or 713-387-7196 (dental appointments)

**Fax:** 713-529-9169

**Email:** Not available

**Website:** <http://www.gnhc.org>

**Local Bus Routes:** 40, 66, 71, 85

**Ages/Grades Served:** Ages 0-17

**Eligibility:** Requires proof of income and proof of identity. • Parents/guardians must bring the child's immunization records to every medical visit and must come with the child. • Accepts appointments only.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts the Children's Health Insurance Program (CHIP), Medicaid, Medicare, and some types of private insurance. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Provides outpatient mental health care for anxiety, depression, and substance abuse. • Also offers community-based family medical care, dental care, eye care, nutrition education, and social services. • Provides prenatal care, well-child exams, immunizations, sports/school/physical education exams, and acute illness visits.

### Greater Houston Association for Infant Mental Health

**Address:** 1112 Prairie Street, Houston, TX 77002

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 9am-5pm

**Contact:** Barbie Brashear, President

**Phone:** 832-786-1956

**Fax:** Not available

**Email:** [bbrasheardvcc@gmail.com](mailto:bbrasheardvcc@gmail.com)

**Website:** <http://www.discoverchild.org/infant-mental-health-houston>

**Local Bus Routes:** 700 (METRO rail), 20, 32, 40

**Ages/Grades Served:** Ages 0-3

**Eligibility:** Open to parents, other family members, and professionals who impact the lives of young children.

**Costs:** Charges \$55 in annual membership fees.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Supports conditions that enhance the quality of relations between infants/toddlers and their caregivers. • Advocates for policies and practices that support the healthful development of young children.

## Houston Behavioral Healthcare Hospital

**Address:** 2801 North Gessner Road, Houston, TX 77080

**Area Served:** Houston

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** George Santos, Chief Medical Officer and Executive Medical Director

**Phone:** 832-834-7710 (24 hours/day)

**Fax:** Not available

**Email:** Not available

**Website:** <http://www.houstonbehavioralhealth.com/programs/houston-adolescent-services>

**Local Bus Routes:** 36, 46, 58

**Ages/Grades Served:** Ages 13-17 and adults ages 18+

**Eligibility:** Requires proof of insurance, proof of identity, and proof of custody of guardianship, if applicable.

**Costs:** Costs vary. • Offers free mental health assessments. • Other services charge fees. • Accepts Medicaid, Medicare, the Children's Health Insurance Program (CHIP), and private insurance. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Offers assessments, referrals, and onsite treatment from specialists who work with adolescents and adults who are dealing with emotional and psychological disorders.

## Houston Police Department (HPD) – Mental Health Division (MHD)

**Address:** 150 North Chenevert Street, Houston, TX 77002

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Ramon Perez, Administrative Sergeant, or Wendy Baimbridge, Commander

**Phone:** 832-394-4200

**Fax:** Not available

**Email:** [ramon.perez@houstonpolice.org](mailto:ramon.perez@houstonpolice.org) or [wendy.baimbridge@houstonpolice.org](mailto:wendy.baimbridge@houstonpolice.org)

**Website:** <http://www.houstoncit.org>

**Local Bus Routes:** 700 (METRO rail), 20, 51

**Ages/Grades Served:** All ages, but generally adults ages 18+

**Eligibility:** No area restrictions.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Responds to individuals in serious mental health crises.

## Jewish Family Service

**Address:** 4131 South Braeswood Boulevard, Houston, TX 77025

**Area Served:** Houston

**Days/Hours:** Monday, 8:30am-9pm, Tuesday-Thursday, 8:30am-5:30pm, and Friday, 8:30am-4pm

**Contact:** Sophie Gluzkater

**Phone:** 713-667-9336 (appointments) or 713-667-9336 Ext. 127 (programs)

**Fax:** 713-667-3619

**Email:** [info@jfshouston.org](mailto:info@jfshouston.org) (general questions) or [sgluzkater@jfshouston.org](mailto:sgluzkater@jfshouston.org) (programs)

**Website:** <http://www.jfshouston.org/counselingservices.php>

**Local Bus Routes:** 4, 68

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Charges a fee based on a flexible fee scale. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Hebrew, Russian

**Direct Services:** Helps with issues relating to anxiety or depression, behavioral problems, bereavement, interpersonal relationships, child abuse and family violence, health problems, and addictive behavior. • Also helps with issues relating to personal growth and adjustment, marriage and intermarriage, parenting, and blended families.

### Legacy Community Health Services

**Area Served:** Harris County

Location	Address	Phone	Fax	Days/Hours	Bus Routes
Baker-Ripley Clinic	6500 Rookin Street, Building B, Suite 200, Houston, TX 77074	713-351-7350	713-351-7351	Monday-Friday, 8am-4pm	2, 9, 47
Bissonnet Clinic	12667 Bissonnet Street, Houston, TX 77099	281-498-6100	281-498-6105	Monday, 8am-5pm, Tuesday, 8am-8pm, Wednesday-Friday, 8am-5pm, Saturday, 9am-1pm	65, 67
Lyons Clinic	5602 Lyons Avenue, Houston, TX 77020	832-548-5400	832-548-5482	Monday-Friday, 8am-5pm	66, 80, 137
Mapleridge Clinic	6550 Mapleridge Street, Suite 106, Houston, TX 77081	713-779-7200	713-665-2266	Monday-Wednesday, 8am-8pm, Thursday-Friday, 8am-5pm	33, 49
Montrose Clinic	1415 California Street, Houston, TX 77006	832-548-5100	832-548-5092	Monday-Wednesday, 8am-6:30pm, Thursday-Friday, 8am-5pm, Saturday, 9am-2pm	56, 82
Southwest Clinic	6441 High Star Drive, Houston, TX 77074	832-548-5300	713-779-9872	Monday-Friday, 7:30am-10pm, Saturday, 9am-6pm, Sunday, 12pm-7pm	9, 47, 402

**Contact:** Katy Caldwell, Executive Director

**Email:** [info@legacycommunityhealth.org](mailto:info@legacycommunityhealth.org)

**Website:** <http://www.legacycommunityhealth.org/Services.aspx>

**Ages/Grades Served:** All ages

**Eligibility:** Requirements vary. • Call to ask about specific requirements.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income for all of its comprehensive health care services. • Accepts Medicaid, the Children's Health Insurance Program (CHIP), and most private insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** A network of community clinics offers a full range of outpatient behavioral health services including assessment, medication management, testing, and therapy for children and teenagers, as well as adults. • Provides assessment, diagnosis, and treatment of such mental conditions as depression, anxiety, bipolar disorder, attention deficit disorders, autism spectrum disorders, developmental delay, learning disabilities, and schizophrenia. • Provides therapy for individuals, couples, and families.

### Montrose Center

**Address:** 401 Branard Street, Room 101, Houston, TX 77006

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-7pm

**Contact:** Ann J. Robison, Executive Director

**Phone:** 713-529-0037 or 713-529-3211 (LGBT Switchboard 24-hour helpline)

**Fax:** 713-526-4367

**Email:** [info@montrosecenter.org](mailto:info@montrosecenter.org)

**Website:** <http://www.montrosecenter.org/hub/services/behavioral-health>

**Local Bus Routes:** 700 (METRO rail), 56

**Ages/Grades Served:** Ages 13-17 and adults ages 18+

**Eligibility:** Must meet age requirements. • Requires proof of identity and proof of insurance. • Services are available to persons regardless of sexual orientation or gender identity. • Some services focus on persons who are Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, or Allied (LGBTQIA).

**Costs:** Costs vary. • Accepts all insurance, Medicare, and Medicaid. • Offers discounts and grant subsidies for fees on a sliding scale based on income. • Intake and assessment fees are \$30-\$100. • Session fees are \$10-\$100 per person. • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Some HATCH support groups meet on HISD high school campuses.

**Languages:** English, Spanish, Vietnamese

**Direct Services:** Offers outpatient behavioral health services to all HIV-positive persons. • Provides counseling, group therapy, support groups, integrated care, and case management. • Offers help with coming out, gender identity, gender transitions, homophobia, self-esteem, relationships, parenting, religious abuse, depression, suicidal thoughts, mood disorders, anxiety, stress, grief, chronic illness, and other concerns.

### National Alliance on Mental Illness (NAMI) Greater Houston

**Address:** 3630 West Dallas Street, Suite 140, Houston, TX 77019

**Area Served:** Greater Houston. • Family support group locations are in ZIP Codes: 77004, 77007, 77011, 77024, 77058, 77074, 77375, 77429, 77450, 77479, and 77502.

**Days/Hours:** Office: Monday-Friday, 9am-5pm. • Family support groups meet every week or every other week. • Most meetings occur in the afternoon or evening. • Hours vary by location. • Each meeting is 1½ hours. • Call to ask for specific information.

**Contact:** Angelina Brown Hudson, Director of Education and Programs, or Victory Evans, Program Coordinator

**Phone:** 713-970-4419 (general questions) or 713-970-4489 (education and programs)

**Fax:** 713-970-4436

**Email:** [namigh@namigreaterhouston.org](mailto:namigh@namigreaterhouston.org) (general questions), [abudson@namigreaterhouston.org](mailto:abudson@namigreaterhouston.org) (programs), or [vevans@namigreaterhouston.org](mailto:vevans@namigreaterhouston.org) (programs)

**Website:** <http://www.namigreaterhouston.org>

**Local Bus Routes:** 27, 85

**Ages/Grades Served:** All ages

**Eligibility:** Open to persons with mental illness and their family members, friends, and caregivers.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** Arabic, Chinese, English, Filipino, French, German, Hmong, Italian, Japanese, Korean, Lao, Persian, Punjabi, Russian, Spanish, Thai, Vietnamese

**Direct Services:** Provides support groups for persons living with a mental illness – either living in recovery, recently diagnosed with a mental illness, or a family member or a friend of someone living with a mental illness. • Offers safe and supportive places for family and friends of persons with mental health issues to share, listen, and learn with the mutual support of their peers.

### Saint Joseph House

**Address:** 3307 Austin Street, Houston, TX 77004

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 8am-4pm

**Contact:** Doug Haase, Director

**Phone:** 713-523-5958

**Fax:** Not available

**Email:** [info@stjosphouse.org](mailto:info@stjosphouse.org)

**Website:** <http://www.stjosephhouse.org>

**Local Bus Routes:** 700 (METRO rail), 11

**Ages/Grades Served:** Adults ages 18+

**Eligibility:** Must have a mental health diagnosis.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English, Pilipino, Spanish

**Direct Services:** Provides psychiatric rehabilitation for persons coping with mental illness. • Helps persons to build self-esteem and self-confidence and to re-enter the job market and live independently.

### Texas Medical Center – Child and Adolescent Psychiatry

**Address:** 1941 East Road, Behavioral and Biomedical Sciences Building, Suite 2100, Houston, TX 77054

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Katherine Loveland, Healthcare Provider, or Deborah Pearson, Healthcare Provider, or Cynthia Santos, Healthcare Provider

**Phone:** 713-486-2700 (appointments)

**Fax:** 713-486-2553

**Email:** Not available

**Website:** <https://www.utphysicians.com/clinic/ut-physicians-psychiatry-outpatient-clinic-bbsb>

**Local Bus Routes:** 11, 60, 84

**Ages/Grades Served:** Ages 0-18

**Eligibility:** Requires proof of age and proof of insurance.

**Costs:** Costs vary. • Accepts self-pay, private insurance, and Medicaid. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Offers comprehensive diagnosis and treatment for developmental, emotional, or behavioral difficulties, including such mental illnesses as bipolar disorder and depression.

### The Arc of Greater Houston

**Address:** 3737 Dacoma Street, Suite E, Houston, TX 77092

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Michelle Howard-Herbein, Executive Director or Bethanne Franco, Director of Programs

**Phone:** 713-957-1600

**Fax:** 713-957-1699

**Email:** [michelleh@aogh.org](mailto:michelleh@aogh.org) or [beth@aogh.org](mailto:beth@aogh.org)

**Website:** <http://www.aogh.org/Support.html>

**Local Bus Routes:** 40

**Ages/Grades Served:** All ages

**Eligibility:** Must have an intellectual or developmental disability or autism. • Always call before visiting.

**Costs:** Costs vary. • Charges a flat fee for summer day camps and summer overnight camps and for youth respite care services. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Provides parent support groups, up-to-date information, networking, and other support for families of children and adults with intellectual and developmental disabilities. • Also provides summer day camps for children and youth.

### The Council on Recovery

**Address:** 303 Jackson Hill Street, Houston, TX 77007

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 9am-8pm

**Contact:** Kierstin Thornhill, Children's Therapist, or Christine Foster, Children's Services Coordinator

**Phone:** 713-914-0556 (appointments) or 281-200-9281

**Fax:** 281-200-0000



**Email:** [children@councilonrecovery.org](mailto:children@councilonrecovery.org)

**Website:** <http://www.councilonrecovery.org/childrens-services>

**Local Bus Routes:** 40, 71, 85

**Ages/Grades Served:** Ages 3-18

**Eligibility:** Requires an initial assessment.

**Costs:** Costs vary. • Accepts some types of insurance. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides individual, family, and group therapy and play therapy services for children and families. • Helps children and families in managing mental health symptoms, family dynamics, interpersonal relationships, behavioral issues, substance abuse prevention, and more. • Also helps children and families with issues related to parenting, personal growth and adjustment, and blended families.

### The Harris Center for Mental Health and IDD – Children and Adolescent Services

**Area Served:** Harris County

Location	Address	Phone	Days/Hours	Bus Routes
Administrative Office	7011 Southwest Freeway, Houston, TX 77074	713-970-7000 866-970-4770 713-970-7070	Monday-Friday, 8am-5pm	2, 9, 47
Burnett-Bayland Home	6500A Chimney Rock Road, Houston, TX 77081	713-852-1900	Monday-Sunday, 24 hours/day	33, 49
Burnett-Bayland Reception Center	6500A Chimney Rock Road, Houston, TX 77081	713-852-1800	Monday-Sunday, 24 hours/day	33, 49
Children's Detention Center	3540 West Dallas Street, Houston, TX 77019	713-512-4165	Monday-Sunday, 24 hours/day	27, 85
MHMRA Eligibility Center	3630 West Dallas Street, Houston, TX 77019	713-970-4444	Monday-Friday, 6am-4pm	27, 85
Northwest Family Resource Center	3737 Dacoma Street, Houston, TX 77092	713-970-8448	Monday-Friday, 8am-5pm	89
Ripley Family Resource Center	4414 Navigation Boulevard, Houston, TX 77011	713-970-8188	Monday-Friday, 8am-5pm	20, 29, 80
Southeast Family Resource Center	5901 Long Drive, Houston, TX 77087	713-970-4555	Monday-Friday, 8am-5pm	900 (METRO rail)
Southwest Family Resource Center	7011 Southwest Freeway, Houston, TX 77074	713-970-3888	Monday-Friday, 8am-5pm	2, 9, 47

**Contact:** Steven Schnee, Executive Director

**Fax:** Not available

**Email:** Not available

**Website:** <http://www.mhmraharris.org/Child-And-Adolescent-Services.asp>

**Ages/Grades Served:** Ages 3-17

**Eligibility:** Requires proof of age, proof of residency, and proof of insurance (if any). • Also requires proof of serious functional impairment or proof of serious emotional disturbance. • Must enter Eligibility Center at least two hours before closing hour to get a same-day appointment for a child or adolescent. • Always call ahead.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts Medicaid, the Children's Health Insurance Program (CHIP), private insurance plans, or self-pay. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides services to children and adolescents with serious emotional disturbance. • Helps children to be able to live in homes with families, to develop normal relationships with their peers, to attend school, and to remain out of hospitals and juvenile justice facilities.

## The University of Houston – Psychology Research and Services Center (UH-PRSC)

**Address:** 3695 Cullen Boulevard, Room 126, Houston, TX 77204

**Area Served:** Greater Houston

**Days/Hours:** Monday-Thursday, 9am-8pm, Friday, 9am-5pm

**Contact:** Robin Weill, Clinical Director

**Phone:** 713-743-8600

**Fax:** Not available

**Email:** [prsc@uh.edu](mailto:prsc@uh.edu)

**Website:** <http://www.uh.edu/class/psychology/clinics>

**Local Bus Routes:** 900 (METRO rail), 25, 54

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions. • Must call for an appointment.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income and family size. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Offers therapy for common emotional and behavioral concerns including cognitive and behavioral treatments for depression, anxiety, and being at-risk for suicide. • Also offers psychological testing and evaluation services for children and adults.

## The University of Texas – Harris County Psychiatric Center (UT-HCPC)

**Address:** 2800 South MacGregor Way, Houston, TX 77021

**Area Served:** Harris County

**Days/Hours:** Office: Monday-Friday, 7am-5pm. • Admissions: Monday-Sunday, 24 hours/day.

**Contact:** Jair Soares, Executive Director

**Phone:** 713-741-3883 (admissions)

**Fax:** 713-741-5939

**Email:** [Jair.C.Soares@uth.tmc.edu](mailto:Jair.C.Soares@uth.tmc.edu)

**Website:** <https://hcpc.uth.edu/pages/services/imp-child-serv.htm>

**Local Bus Routes:** 4, 11

**Ages/Grades Served:** Ages 3-17

**Eligibility:** Patients are eligible for services through court-ordered, involuntary mental health hospitalization, transfer from another hospital or treatment center, private physician referral, or direct self-admit or walk-in.

**Costs:** Costs vary. • Accepts private insurance, the Children's Health Insurance Program (CHIP), Medicare, Medicaid, and self-pay. • Also accepts persons who have no income. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Treats children and adolescents who have bipolar or manic depression, schizophrenia, depression or major depression, anxiety disorders, disruptive behavior disorders, or attention deficit/hyperactivity. • Also treats illnesses related to substance abuse, behavioral adjustment, sexual abuse, physical abuse, life-threatening situations, suicide attempts, family relationship issues, or school difficulties.

## West Oaks Hospital – Mental Health Services

**Address:** 6500 Hornwood Drive, Houston, TX 77074

**Area Served:** Greater Houston

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Kamilah Thomas, Clinic Manager

**Phone:** 24-hour Assessment Hotline: 713-995-0909. • Outpatient Clinic: 713-774-0606.

**Fax:** Not available

**Email:** [Kamilah.Thomas@uhsinc.com](mailto:Kamilah.Thomas@uhsinc.com)

**Website:** <http://www.westoakhospital.com/programs/children-psychiatric-treatment>

**Local Bus Routes:** 2, 9, 47



**Ages/Grades Served:** Ages 6-17

**Eligibility:** Requires proof of insurance.

**Costs:** Costs vary. • Accepts private insurance, the Children's Health Insurance Program (CHIP), Medicare, and Medicaid. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Helps children whose emotional and behavioral problems interfere with daily life, physical health, family, and/or school. • Offers day treatment and comprehensive psychiatric care such as individual therapy, family therapy, group therapy, support groups, and therapeutic recreation. • Treats bipolar disorder, depression, anger, aggression, anxiety, schizophrenia, bulimia, anorexia, and other diseases.



## FACE PRODUCT EVALUATION FORM

Product Name: \_\_\_\_\_  
Date: \_\_\_\_\_

User(s): \_\_\_\_\_  
School/Location: \_\_\_\_\_

**Directions:** Please tell us a little about you by checking (✓) the circles that apply best to you.

- |  |   |  |  |
|--|---|--|--|
| <input type="radio"/> Student  | <input type="radio"/> Principal           | <input type="radio"/> Parent Educator                  | <input type="radio"/> Board of Education     |
| <input type="radio"/> Parent or Guardian                                 | <input type="radio"/> Assistant Principal | <input type="radio"/> Parent Liaison                   | <input type="radio"/> District Administrator |
| <input type="radio"/> Family Member                                      | <input type="radio"/> Other Campus Leader | <input type="radio"/> School-Based Specialist          | <input type="radio"/> Central Office Staff   |
| <input type="radio"/> Community Member                                   | <input type="radio"/> Classroom Teacher   | <input type="radio"/> School Bus Driver                | <input type="radio"/> FACE Staff             |
|  | <input type="radio"/> School Librarian    | <input type="radio"/> School Custodian                 |  |
| <input type="radio"/> Black or African American                          |   | <input type="radio"/> Hispanic or Latino               |  |
| <input type="radio"/> American Indian, Alaska Native, or Native Hawaiian |   | <input type="radio"/> White or Caucasian               |  |
| <input type="radio"/> Asian or Pacific Islander                          |   | <input type="radio"/> Two or More Races or Ethnicities |  |

**Directions:** Please tell us how you feel about this product. Your answers will help us to improve it. Thank you.

	Very Unsatisfied ☹	Unsatisfied	Neutral ☺	Satisfied	Very Satisfied ☺	Not Applicable
Overall product quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Process for acquiring it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Guidance for users	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
First usage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Repeated usage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Post-acquisition service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### How long have you used this FACE product?

<input type="radio"/>	Less than 1 month
<input type="radio"/>	1 to 2 months
<input type="radio"/>	2 to 3 months
<input type="radio"/>	3 to 6 months
<input type="radio"/>	6 months to 1 year
<input type="radio"/>	1 year or longer
<input type="radio"/>	Have never used it

### How often do you use this FACE product?

<input type="radio"/>	Daily
<input type="radio"/>	3 to 4 times a week
<input type="radio"/>	Weekly
<input type="radio"/>	3 to 4 times a month
<input type="radio"/>	Monthly
<input type="radio"/>	Every 2 to 3 months
<input type="radio"/>	3 to 4 times a year
<input type="radio"/>	Once a year or less often
<input type="radio"/>	Do not use it

## FACE PRODUCT EVALUATION FORM

### Overall, how satisfied are you with this FACE product?

<input type="radio"/>	Very satisfied 😊
<input type="radio"/>	Somewhat satisfied
<input type="radio"/>	Neutral 😐
<input type="radio"/>	Somewhat unsatisfied
<input type="radio"/>	Very unsatisfied ☹️

### Compared to other products of which you are aware, would you say that this FACE product is:

<input type="radio"/>	So good that it's in a class by itself 😊
<input type="radio"/>	Much better than most others
<input type="radio"/>	About the same as others 😐
<input type="radio"/>	Somewhat worse than others
<input type="radio"/>	Much worse than others ☹️
<input type="radio"/>	Never have used it

### Will you use this FACE product again?

<input type="radio"/>	Definitely yes 😊
<input type="radio"/>	Probably yes
<input type="radio"/>	Maybe or maybe not 😐
<input type="radio"/>	Probably no
<input type="radio"/>	Definitely no ☹️
<input type="radio"/>	Never have used it

### How likely are you to recommend this FACE product to others?

<input type="radio"/>	Definitely will recommend it 😊
<input type="radio"/>	Probably will recommend it
<input type="radio"/>	Maybe or maybe not 😐
<input type="radio"/>	Probably will not recommend it
<input type="radio"/>	Definitely will not recommend it ☹️
<input type="radio"/>	Never have used it

### Based upon your experience with this product, how likely are you to use other FACE products?

<input type="radio"/>	Very likely 😊
<input type="radio"/>	Somewhat likely
<input type="radio"/>	Neutral 😐
<input type="radio"/>	Somewhat unlikely
<input type="radio"/>	Very unlikely ☹️

Other comments about the product: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please send this completed evaluation form to:

Jeff Smith, Business Operations Team Leader  
 Family and Community Engagement Department (FACE)  
 Houston Independent School District (HISD)  
 4400 West 18<sup>th</sup> Street  
 Houston, TX 77092  
 713-556-7290 (main)  
 713-556-6814 (fax)  
[face@HoustonISD.org](mailto:face@HoustonISD.org)